

# Nuclear Forces with Symmetry Preserving Regulator

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Workshop on Progress in Ab Initio Nuclear Theory  
TRIUMF, Vancouver BC Canada  
February 28, 2023



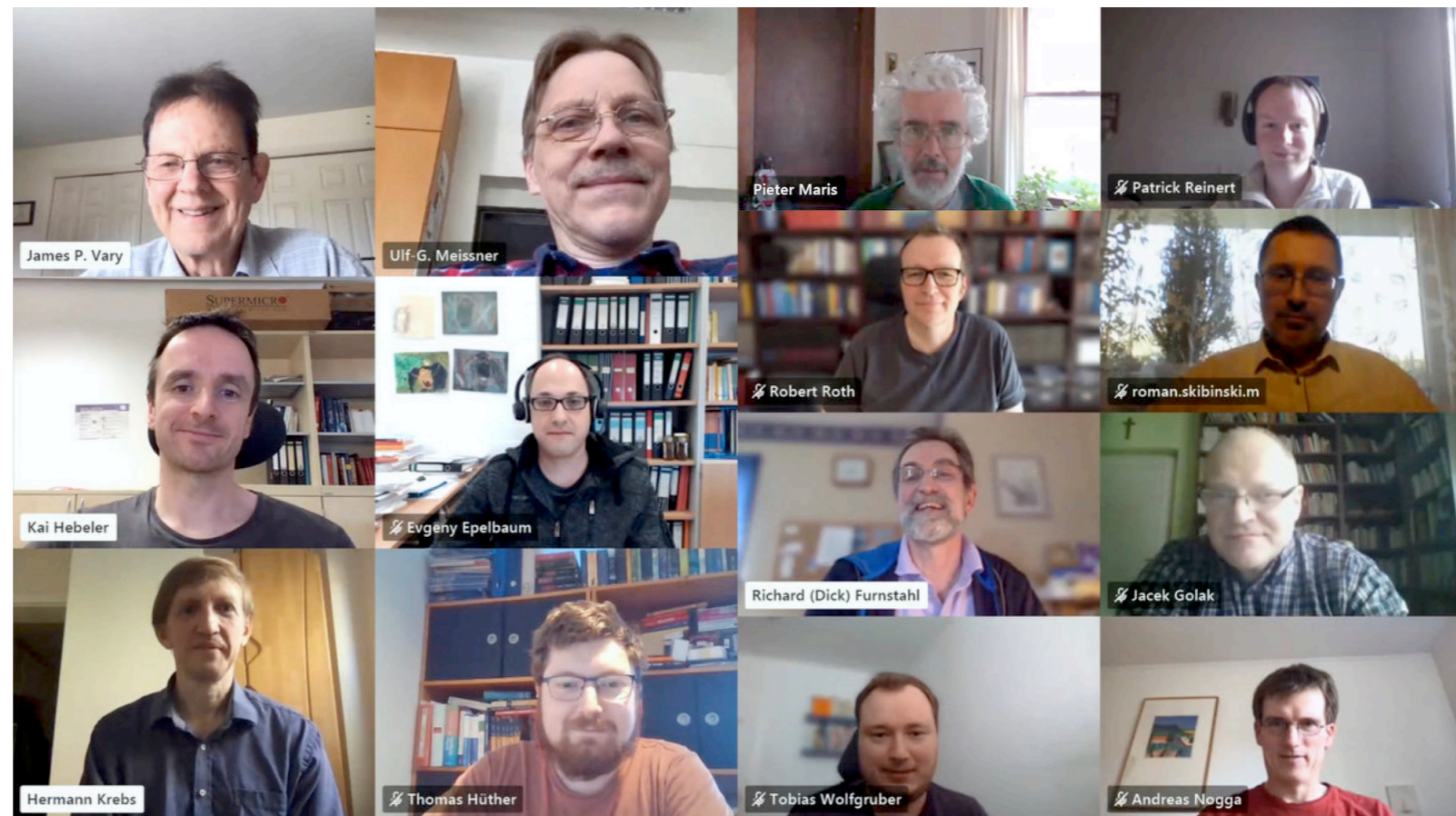
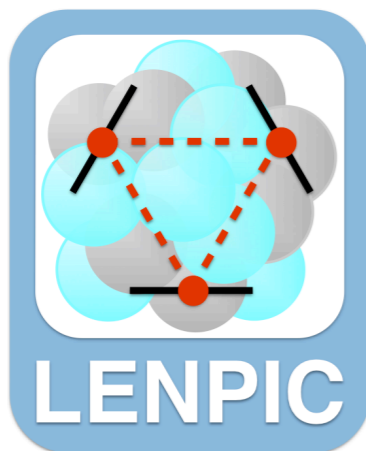
In collaboration with Evgeny Epelbaum & Patrick Reinert

# LENPIC

## Low Energy Nuclear Physics International Collaboration

V. Bernard, E. Epelbaum, R. J. Furnstahl, J. Golak, K. Hebeler, T. Hüther, H. Kamada, H. Krebs, Ulf-G. Meißner, P. Maris, J. A. Melendez, A. Nogga, P. Reinert, R. Roth, R. Skibinski, V. Soloviov, K. Topolnicki, J. P. Vary, Yu. Volkotrub, H. Witala and T. Wolfgruber  
(LENPIC Collaboration)

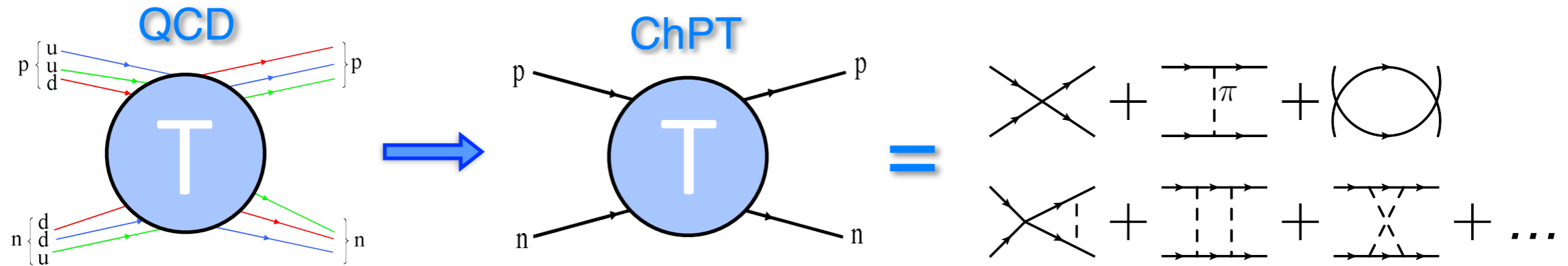
LENPIC aims to solve the structure and reactions of light nuclei including electroweak observables with consistent treatment of the corresponding exchange currents



# Outline

- Nuclear forces in chiral EFT
- Selected observables in three-nucleon (3N) sector
- 3N forces (3NF) at N<sup>3</sup>LO
  - Gradient flow regularization
  - Nuclear forces within path-integral formalism
  - Long range part of 3NF
  - Subtraction scheme

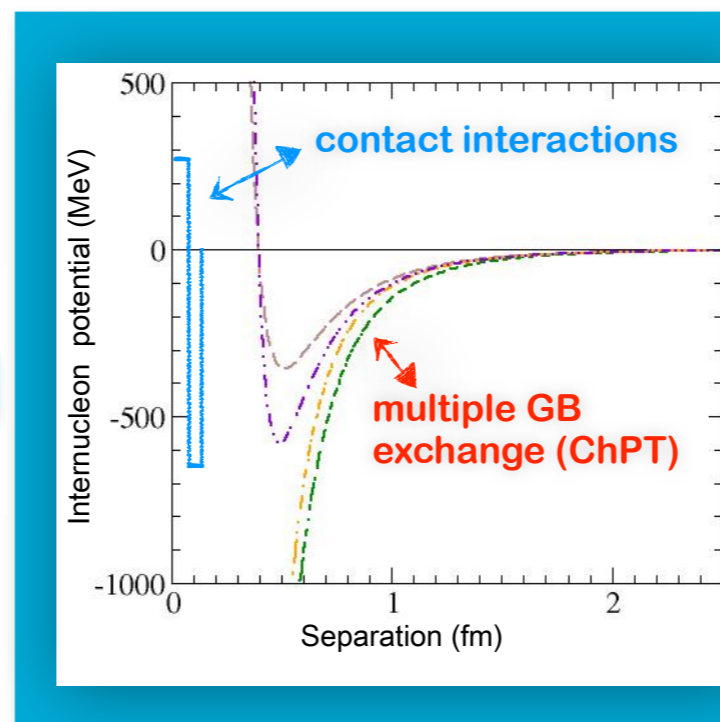
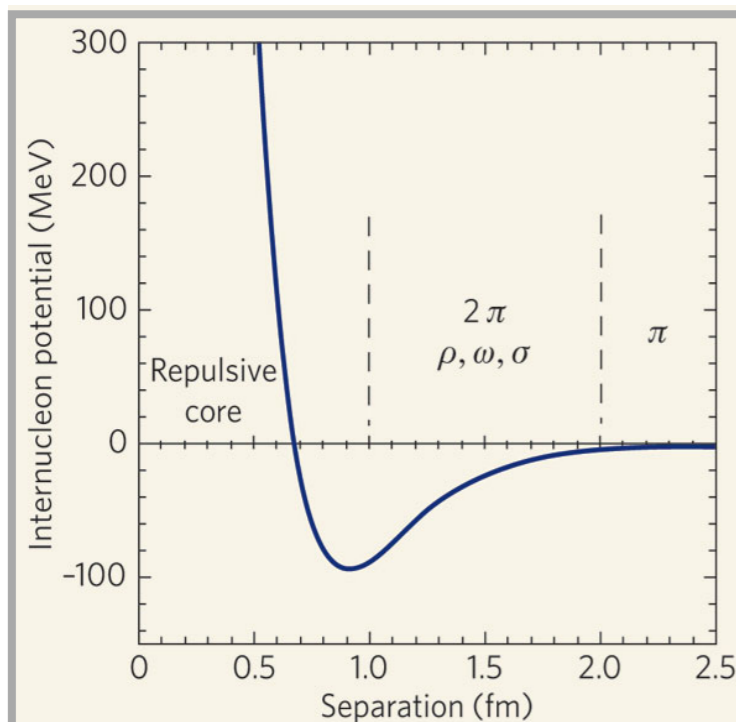
# From QCD to nuclear physics



- **NN interaction is strong:** resummations/nonperturbative methods needed
- $1/m_N$  - expansion: nonrelativistic problem ( $|\vec{p}_i| \sim M_\pi \ll m_N$ )  $\Rightarrow$  the QM A-body problem

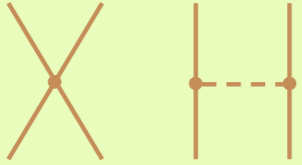


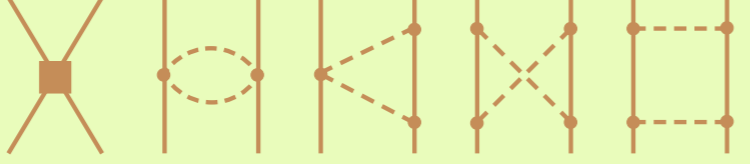


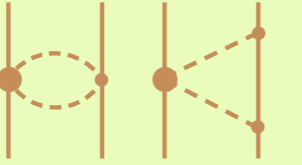
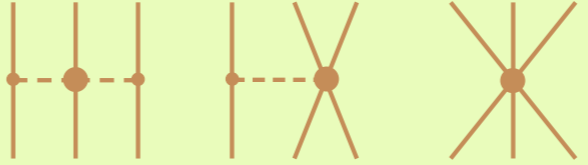

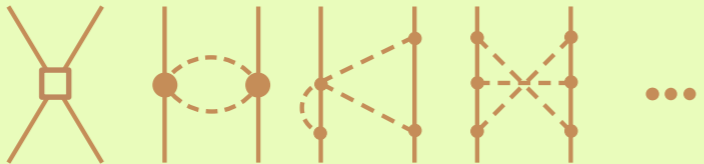
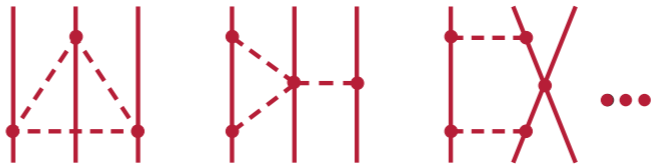
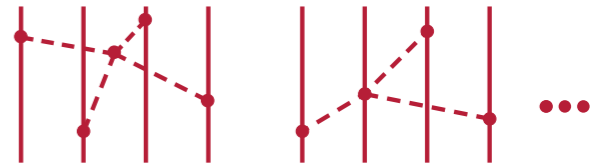
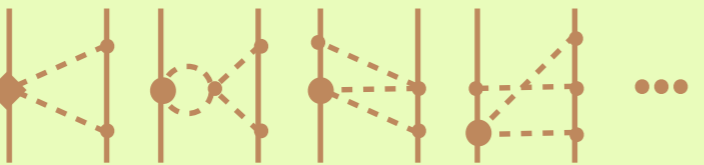


$$\left[ \left( \sum_{i=1}^A \frac{-\nabla_i^2}{2m_N} + \mathcal{O}(m_N^{-3}) \right) + \underbrace{V_{2N} + V_{3N} + V_{4N} + \dots}_{\text{derived within ChPT}} \right] |\Psi\rangle = E|\Psi\rangle$$

Weinberg '91



- unified description of  $\pi\pi$ ,  $\pi N$  and  $NN$
- consistent many-body forces and currents
- systematically improvable
- bridging different reactions (electroweak,  $\pi$ -prod., ...)
- precision physics with/from light nuclei

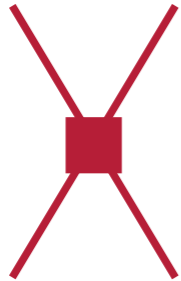
# Chiral Expansion of the Nuclear Forces

	Two-nucleon force	Three-nucleon force	Four-nucleon force
LO ( $Q^0$ )	 <p>Weinberg '90</p>		
NLO ( $Q^2$ )	 <p>Ordonez, van Kolck '92</p>		
N <sup>2</sup> LO ( $Q^3$ )	 <p>Ordonez, van Kolck '92</p>	 <p>van Kolck '94; Epelbaum et al. '02</p>	 <p>← Available matrix elements LENPIC '19</p>
N <sup>3</sup> LO ( $Q^4$ )	 <p>Kaiser '00 - '02</p>	 <p>[parameter-free] Bernard, Epelbaum, HK, Meißner, '08, '11</p>	 <p>[parameter-free] Epelbaum '06</p>
N <sup>4</sup> LO ( $Q^5$ )	 <p>Entem, Kaiser, Machleidt, Nosyk '15 Epelbaum, HK, Meißner '15</p>	 <p>Girlanda, Kievsky, Viviani '11 HK, Gasparyan, Epelbaum '12, '13 (short-range loop contrib. still missing)</p>	 <p>still have to be worked out</p>

# Adjustable Parameters in NN

Reinert, HK, Epelbaum PRL126 (2021) 092501

Couplings of short-range interactions are fixed from NN - data



LO [ $Q^0$ ]: 2 operators (S-waves)  
NLO [ $Q^2$ ]: + 7 operators (S-, P-waves and  $\varepsilon_1$ )  
N<sup>2</sup>LO [ $Q^3$ ]: no new terms  
N<sup>3</sup>LO [ $Q^4$ ]: + 12 operators (S-, P-, D-waves and  $\varepsilon_1, \varepsilon_2$ )  
N<sup>4</sup>LO [ $Q^5$ ]: + 5 IB operators  
N<sup>4</sup>LO<sup>+</sup> [ $Q^6$ ]: + 4 operators (F-waves)

# of adjustable LECs = 25 IC + 5 IB + 3  $\pi$ N constants = 33 parameters

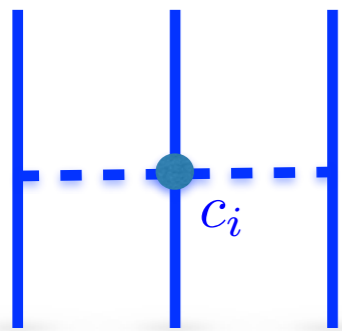
## Summary on NN

- Employed a Bayesian approach to account for statistical and systematic uncertainties
- Extracted  $\pi$ N couplings from NN data within chiral EFT
- Achieved a statistically perfect description of NN data

$\chi^2/\text{dat} = 1.005$  for  $\sim 5000$  data in the energy range  $E_{\text{lab}} = 0 - 280$  MeV

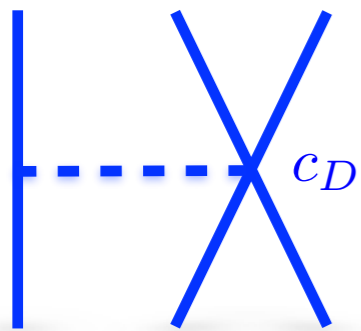
# Three-Nucleon Force at N<sup>2</sup>LO

Epelbaum et al. EPJA56 (2020) 92; Maris et al. PRC103 (2021) 054001



$c_i$ 's are extracted from solutions of Roy-Steiner equation in pion-nucleon scattering: Hoferichter et al. PRL115 (2015) 192301

$$c_1 = -0.74 \text{ GeV}^{-1} \quad c_3 = -3.61 \text{ GeV}^{-1} \quad c_4 = 2.44 \text{ GeV}^{-1}$$



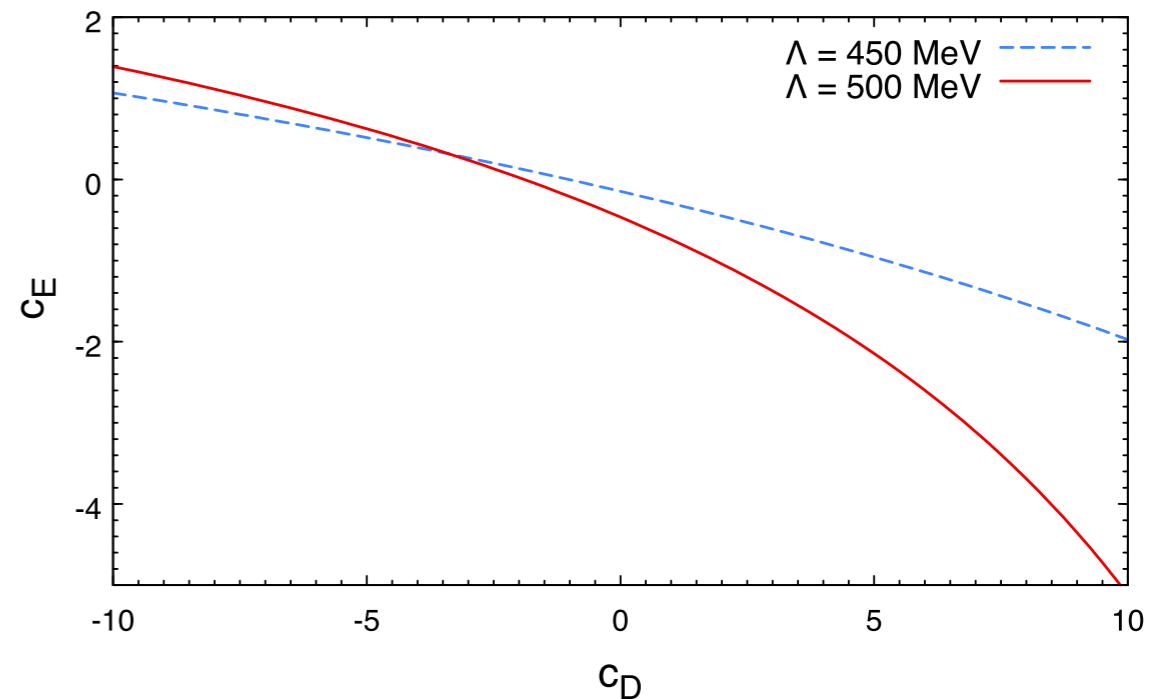
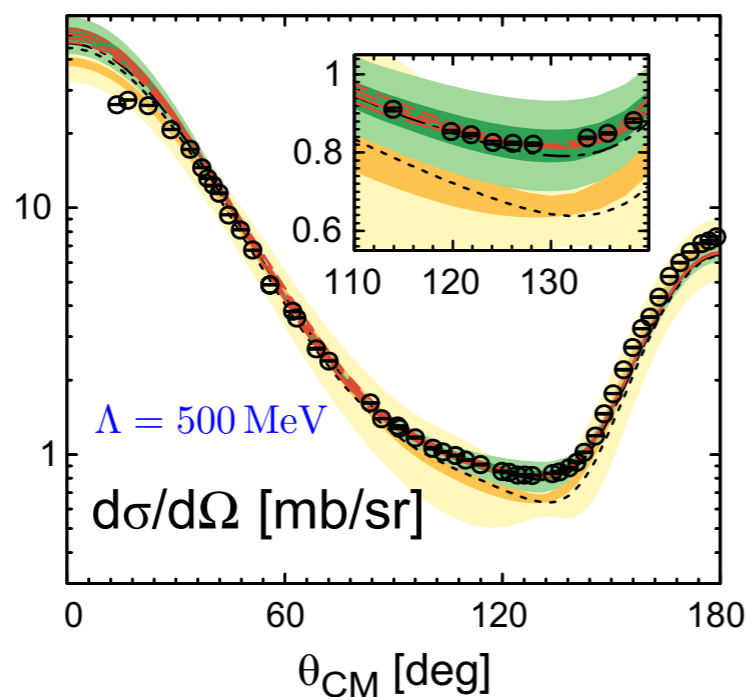
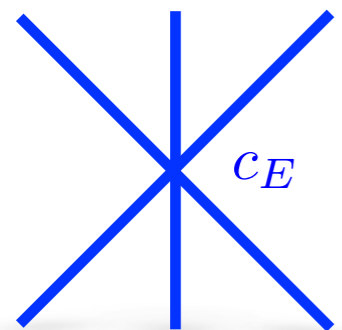
Requirement to reproduce <sup>3</sup>H correlates  $c_D$  &  $c_E$

$c_D$  is fitted to the minimum of Nd-scattering cross section at  $E_{\text{lab}}^N = 70 \text{ MeV}$

Sekiguchi et al. PRC65 (2002) 034003

$$c_D = 2.485, \quad c_E = -0.528 \quad \text{for } \Lambda = 450 \text{ MeV}$$

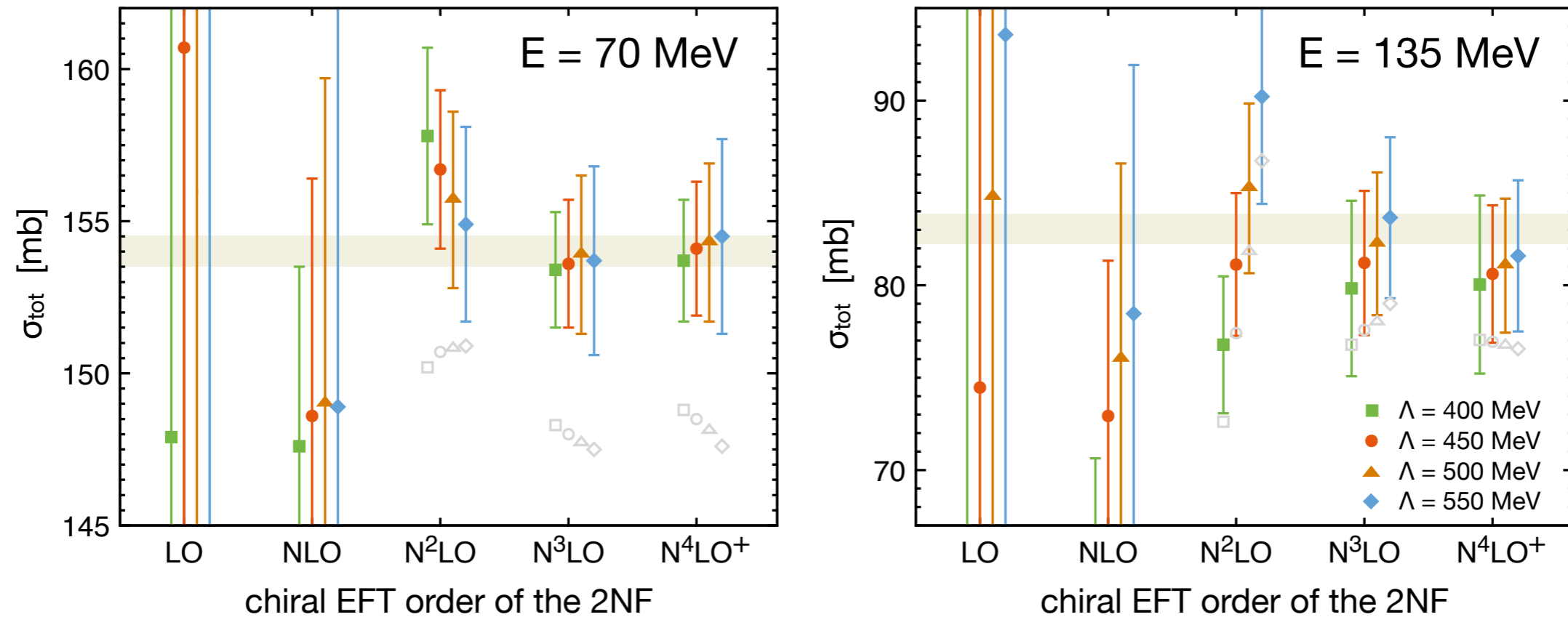
$$c_D = -1.626, \quad c_E = -0.063 \quad \text{for } \Lambda = 500 \text{ MeV}$$



# Neutron-Deuteron Scattering at N<sup>4</sup>LO<sup>+</sup>

Maris et al. PRC106 (2022) 6; Maris et al. PRC103 (2021) 054001

5



Error bar from Bayesian analysis: 68% DoB [Epelbaum et al. EPJA56 \(2020\) 92](#)  
[Furnstahl et al. PRC92 \(2015\) 2, 024005](#)

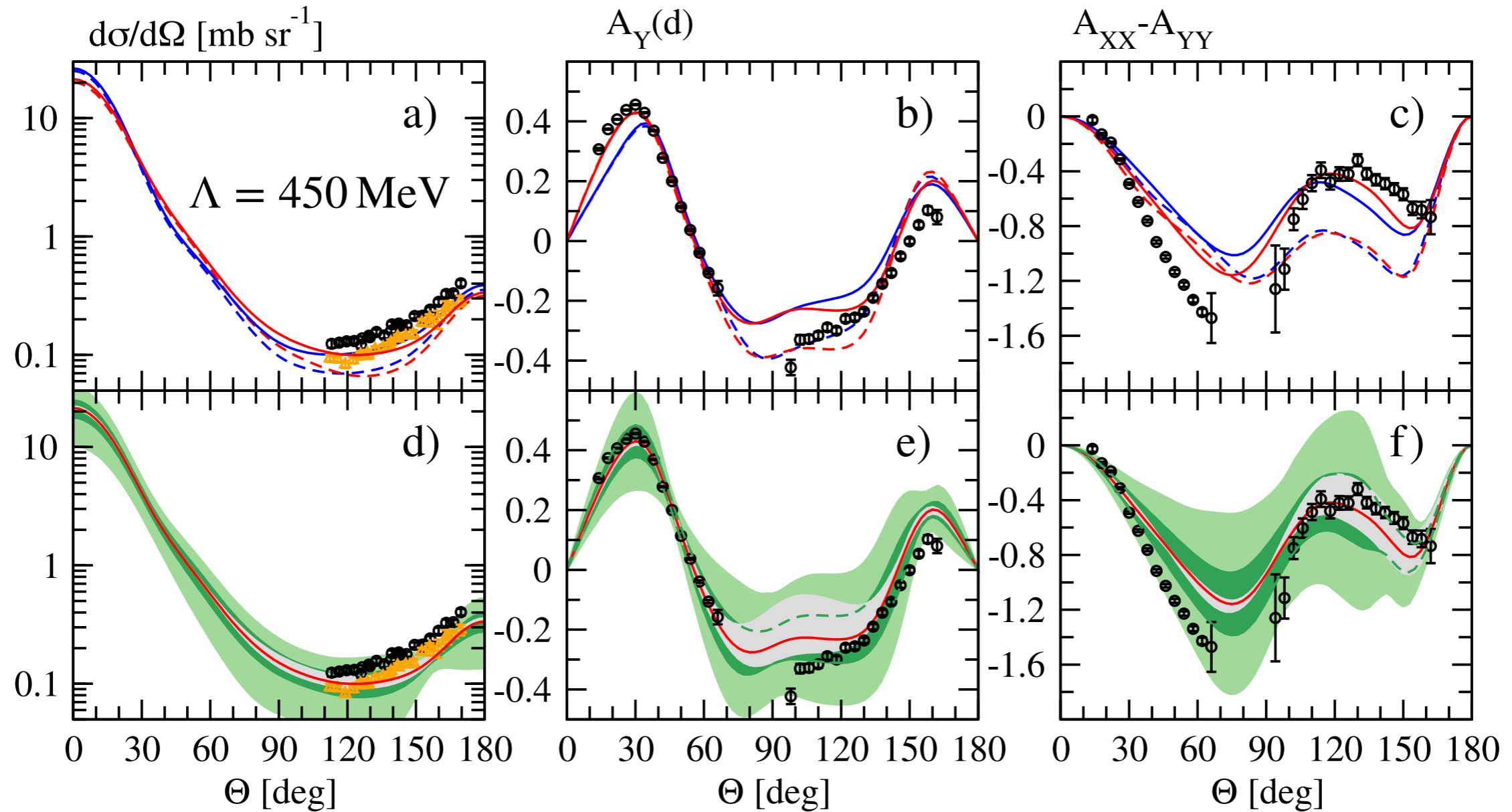
$$X = X_{\text{ref}} (c_0 + c_2 Q^2 + c_3 Q^3 + \dots) \quad Q = \max\left(\frac{p}{\Lambda_b}, \frac{M_{\pi}^{\text{eff}}}{\Lambda_b}\right) \quad \Lambda_b = 650 \text{ MeV}$$

- Similar to phenomenological potentials NN only from N<sup>2</sup>LO on underestimate  $\sigma_{\text{tot}}$
- N<sup>2</sup>LO 3NF increases the total cross section bringing the calculations in agreement with the data



# Nd Scattering

Differential cross section and selected analyzing powers of elastic Nd scattering at  $E_N = 200$  MeV



--- NN (N<sup>2</sup>LO)    --- NN (N<sup>4</sup>LO+)    ——— NN (N<sup>2</sup>LO) + 3NF    ——— NN (N<sup>4</sup>LO+) + 3NF

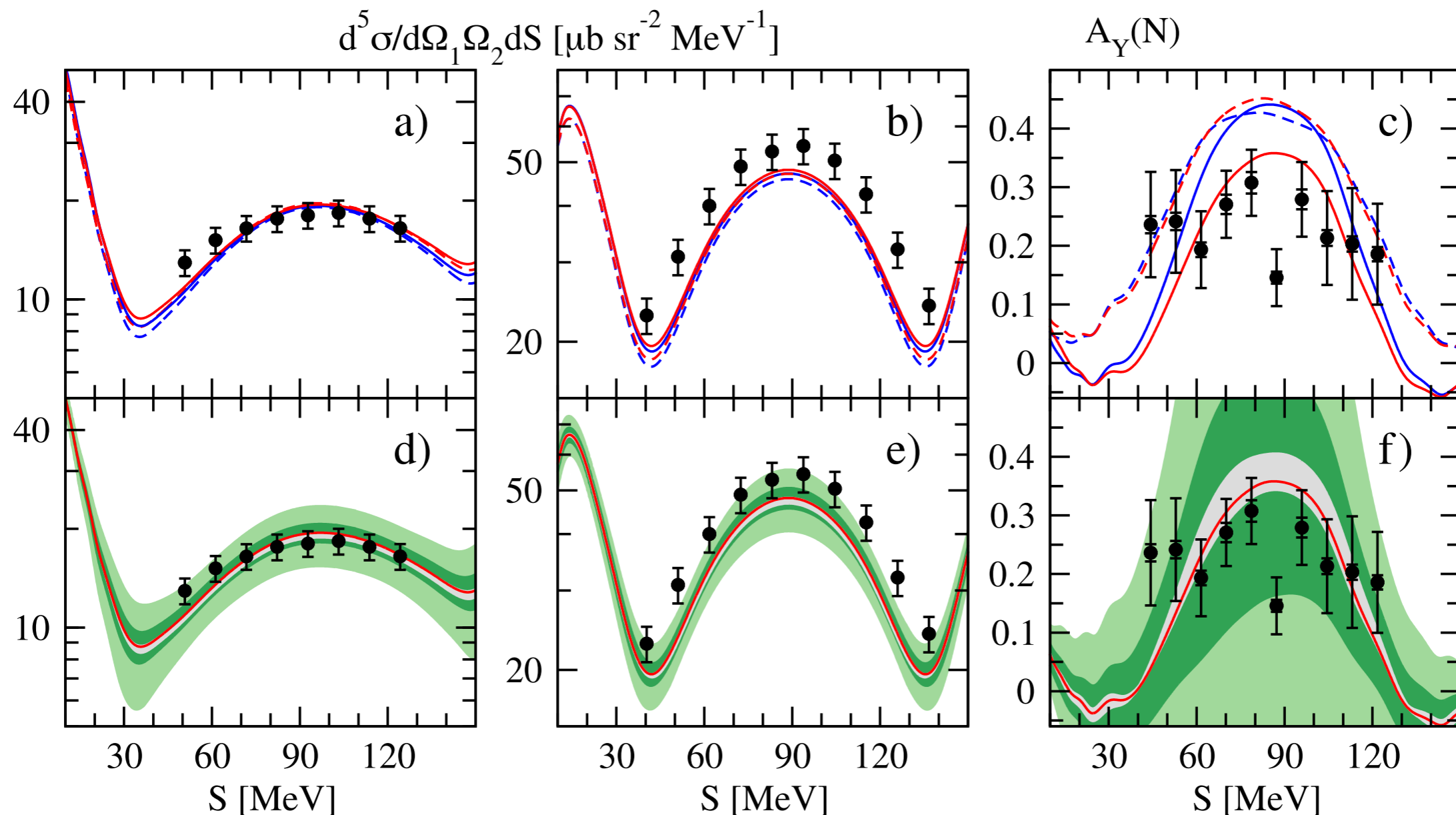
Light (dark) green band correspond to truncation errors at 95% (68%) DoB

● Similar to phenomenological forces  $d\sigma/d\Omega$  is slightly underestimated

# Nd Breakup Scattering

Maris et al. PRC106 (2022) 6

Differential cross section and selected analyzing powers of Nd breakup at  $E_N = 135$  MeV



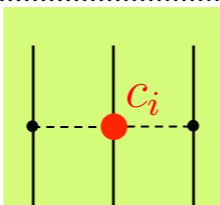
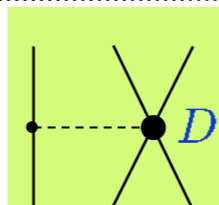
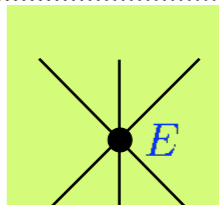
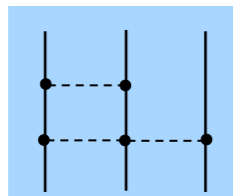
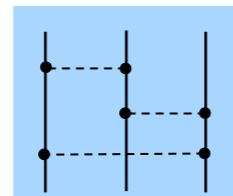
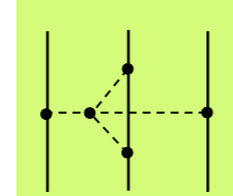
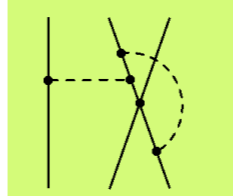
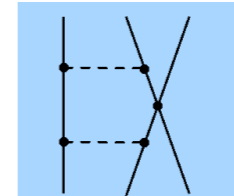
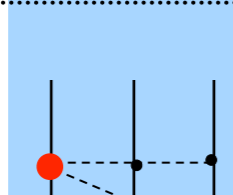
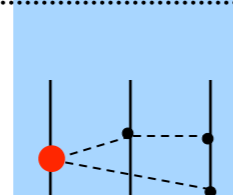
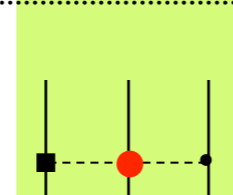
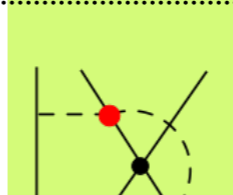
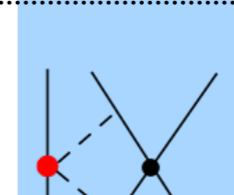
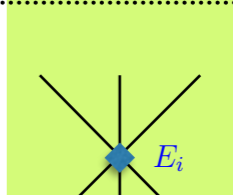
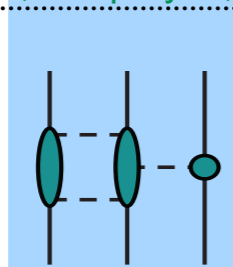
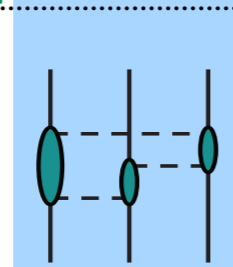
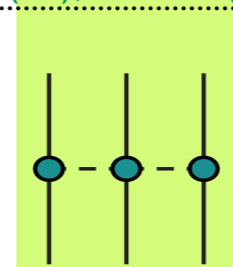
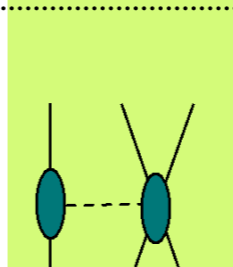
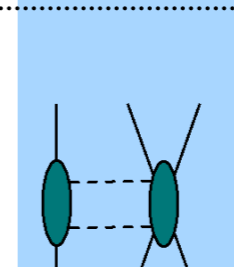
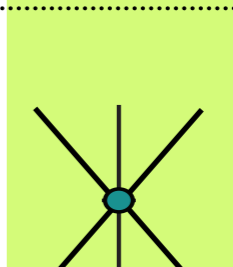
--- NN (N<sup>2</sup>LO) --- NN (N<sup>4</sup>LO+) ——— NN (N<sup>2</sup>LO) +3NF ——— NN (N<sup>4</sup>LO+) +3NF

Light (dark) green band correspond to truncation errors at 95% (68%) DoB

Satisfactory description of 3N data leaving room for corrections from higher order

# Three-Nucleon Forces at N<sup>3</sup>LO

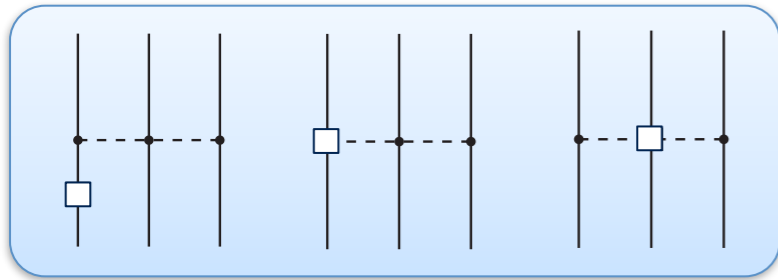
# 3NF up to N<sup>4</sup>LO

	Long - range			Short - range		
NLO	—			—		
N <sup>2</sup> LO						
	van Kolck '94, Epelbaum et al. '02					
N <sup>3</sup> LO						— ...
	Ishikawa, Robilotta, PRC76 (07); Bernard, Epelbaum, HK, Meißner, PRC77 (08); PRC84 (11)			Bernard, Epelbaum, HK, Meißner, PRC84 (11)		
N <sup>4</sup> LO						
	HK, Gasparyan, Epelbaum PRC85 (12); PRC87 (13)			Work in progress		Girlanda, Kievsky, Viviani, PRC84 (11)
	 <p>2π-1π</p>	 <p>ring</p>	 <p>2π</p>			

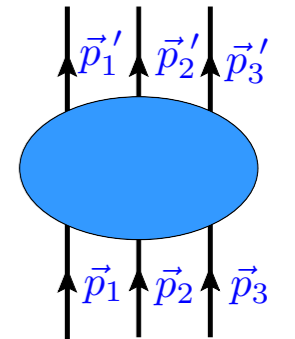
# Call for Consistent Regularization

Violation of chiral symmetry due to different regularizations: Dim. reg. vs cutoff reg.

Epelbaum, HK, Reinert, *Front. in Phys.* 8 (2020) 98



← 1/m - corrections to TPE 3NF  $\sim g_A^2$



$$V_{2\pi,1/m}^{g_A^2} = i \frac{g_A^2}{32mF_\pi^4} \frac{\vec{\sigma}_1 \cdot \vec{q}_1 \vec{\sigma}_3 \cdot \vec{q}_3}{(q_1^2 + M_\pi^2)(q_3^2 + M_\pi^2)} \tau_1 \cdot (\tau_2 \times \tau_3) (2\vec{k}_1 \cdot \vec{q}_3 + 4\vec{k}_3 \cdot \vec{q}_3 + i [\vec{q}_1 \times \vec{q}_3] \cdot \vec{\sigma}_2)$$

$$\vec{q}_i = \vec{p}'_i - \vec{p}_i$$

$$\vec{k}_i = \frac{1}{2} (\vec{p}'_i + \vec{p}_i)$$

Naive local cut-off regularization of the current and potential

$$V_{2\pi,1/m}^{g_A^2,\Lambda} = V_{2\pi,1/m}^{g_A^2} \exp\left(-\frac{q_1^2 + M_\pi^2}{\Lambda^2}\right) \exp\left(-\frac{q_3^2 + M_\pi^2}{\Lambda^2}\right) \quad \& \quad V_{1\pi}^{Q^0,\Lambda} = -\frac{g_A^2}{4F_\pi^2} \tau_1 \cdot \tau_2 \frac{\vec{q}_1 \cdot \vec{\sigma}_1 \vec{q}_1 \cdot \vec{\sigma}_2}{q_1^2 + M_\pi^2} \exp\left(-\frac{q_1^2 + M_\pi^2}{\Lambda^2}\right)$$

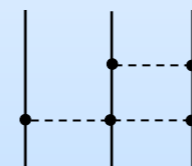
First iteration with OPE NN potential

$$V_{2\pi,1/m}^{g_A^2,\Lambda} \frac{1}{E - H_0 + i\epsilon} V_{1\pi}^{Q^0,\Lambda} + V_{1\pi}^{Q^0,\Lambda} \frac{1}{E - H_0 + i\epsilon} V_{2\pi,1/m}^{g_A^2,\Lambda} = \Lambda \frac{g_A^4}{128\sqrt{2}\pi^{3/2}F_\pi^6} (\tau_2 \cdot \tau_3 - \tau_1 \cdot \tau_3) \frac{\vec{q}_2 \cdot \vec{\sigma}_2 \vec{q}_3 \cdot \vec{\sigma}_3}{q_3^2 + M_\pi^2} + \dots$$

No such D-like term in chiral Lagrangian



The problematic divergence is canceled by the one  $V_{2\pi-1\pi}$  if calculated via cutoff regularization

In dim. reg.  $V_{2\pi-1\pi} =$    $+ \dots$  is finite

# Higher Derivative Lagrangian

To construct a parity-conserving regulator it is convenient to work with building-blocks

$$u_\mu = i u^\dagger \nabla_\mu U u^\dagger, \quad D_\mu = \partial_\mu + \Gamma_\mu, \quad \Gamma_\mu = \frac{1}{2} [u^\dagger, \partial_\mu u] - \frac{i}{2} u^\dagger r_\mu u - \frac{i}{2} u l_\mu u^\dagger$$

$$\chi_\pm = u^\dagger \chi u^\dagger \pm u \chi^\dagger u, \quad \chi = 2B(s + ip), \quad u = \sqrt{U}, \quad \text{ad}_A B = [A, B]$$

Possible ansatz for higher derivative pion Lagrangian

$$\mathcal{L}_{\pi, \Lambda}^{(2)} = \mathcal{L}_\pi^{(2)} + \frac{F^2}{4} \text{Tr} \left[ \text{EOM} \frac{1 - \exp\left(\frac{\text{ad}_{D_\mu} \text{ad}_{D^\mu} + \frac{1}{2} \chi_+}{\Lambda^2}\right)}{\text{ad}_{D_\mu} \text{ad}_{D^\mu} + \frac{1}{2} \chi_+} \text{EOM} \right]$$

$$\mathcal{L}_\pi^{(2)} = \frac{F^2}{4} \text{Tr} [u_\mu u^\mu + \chi_+] \quad \text{EOM} = - [D_\mu, u^\mu] + \frac{i}{2} \chi_- - \frac{i}{4} \text{Tr} (\chi_-)$$

- ✓ Leads to regularized nuclear forces up to N<sup>4</sup>LO
- ✗ Leads to unregularized nuclear currents starting from N<sup>3</sup>LO

➔ We need a better formalism

# Gradient-Flow Equation

Yang-Mills gradient flow in QCD: **Lüscher, JHEP 04 (2013) 123**

$$\partial_\tau B_\mu = D_\nu G_{\nu\mu} \quad \text{with} \quad B_\mu|_{\tau=0} = A_\mu \quad \& \quad G_{\mu\nu} = \partial_\mu B_\nu - \partial_\nu B_\mu + [B_\mu, B_\nu]$$

$B_\mu$  is a regularized gluon field

- Apply this idea to ChPT **(Proposed in various talks by D. Kaplan for nuclear forces)**

Introduce a smoothed pion field  $W$  with  $W|_{\tau=0} = U$  satisfying gradient-flow equation

$$\partial_\tau W = i w \text{EOM}(\tau) w \quad \text{with} \quad w = \sqrt{W} \quad \text{and} \quad \text{EOM} = [D_\mu, w_\mu] + \frac{i}{2} \chi_- - \frac{i}{4} \text{Tr}(\chi_-)$$

$$w_\mu = i(w^\dagger(\partial_\mu - i r_\mu)w - w(\partial_\mu - i l_\mu)w^\dagger), \quad \chi_- = w^\dagger \chi w^\dagger - w \chi^\dagger w, \quad \chi = 2B(s + ip)$$

Solution of  $1/F$  - expanded gradient flow equation:  $W = \exp\left(i \frac{\tau \cdot \phi}{F}\right)$

$$\phi^c = e^{-\tau(-\partial^2 + M^2)} \pi^c + \int_0^\tau ds e^{-(\tau-s)(-\partial^2 + M^2)} \left( 2BFp^c - F\partial_\mu a_\mu^c \right) + \mathcal{O}(\pi^2, \pi \text{ source})$$

# Regularization of Forces and Currents

To regularize long-range part of the nuclear forces and currents

- Leave pionic Lagrangians  $\mathcal{L}_\pi^{(2)}$  &  $\mathcal{L}_\pi^{(4)}$  unregularized
- Replace all pion fields in pion-nucleon Lagrangians  $\mathcal{L}_{\pi N}^{(1)}, \dots, \mathcal{L}_{\pi N}^{(4)}$ :  $U \rightarrow W$

For  $\tau = \frac{1}{2\Lambda^2}$  this regulator reproduces SMS regularization of OPE

Check of chiral symmetry:

- We checked infinitesimal chiral transformation property of  $W$  up to four pions and one external source:  $W \rightarrow RWL^\dagger$  if  $U \rightarrow RUL^\dagger$

The check requires construction of  $W$  - field up to six pions and two sources



# Conceptual Challenge

$$\phi^c = e^{-\tau(-\partial^2+M^2)}\pi^c + \dots = e^{-\tau(-\partial_0^2-\vec{\nabla}^2+M^2)}\pi^c + \dots$$

Appearance of second and higher order in time-derivatives of pion fields

- ➔ Canonical quantization of the regularized theory becomes difficult (Ostrogradski - approach, Constrains, ...)
  - Unitary transformation (UT) approach can not be used any more
- ➔ Use path-integral (PI) quantization

## Canonical Quantization of QFT

Hamiltonian & Hilbert space  
Creation/annihilation operators  
Time-ordered perturbation theory



## Path-Integral Quantization of QFT

Lagrangian & action  
Summation over all classical paths  
Loop expansion & Feynman rules

- PI approach was a natural choice in pionic and single-nucleon sector

Gasser, Leutwyler, *Annals Phys.* 158 (1984) 142;

Bernard, Kaiser, Kambor, Meißner, *Nucl. Phys. B* 388 (1992) 315

# Nuclear Forces in PI Formulation

In two - and more - nucleon sector Weinberg used canonical quantization language

Weinberg Nucl. Phys. B 362 (1991) 3

In using **old-fashioned perturbation theory** we must work with the Hamiltonian rather than the Lagrangian. The application of the usual rules of **canonical quantization** to the leading terms in (1) and (9) yields the total

**Can we choose a formulation where we can work with the Lagrangian?**

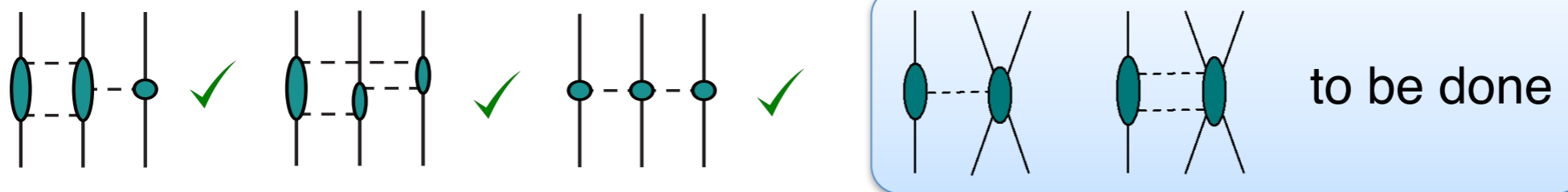
Derivation steps of nuclear forces in PI formulation

Inspired by: Friar et al. Phys. Rev. C 70 (2004) 044001, Borasoy et al. EPJA 31 (2007)105

- Perform a perturbative loop expansion in pion fields
  - ➔ Non-instant NN, 3N & 4N interactions
- Perform non-local nucleon field redefinitions to bring all non-instant interactions into instant form
- Due to non-locality of nucleon-field redefinitions we get functional determinants
  - ➔  $\det \left( \frac{\delta(N^\dagger, N')}{\delta(N^\dagger, N)} \right)$  include loop corrections to nuclear forces

# Status Report on 3N at N<sup>3</sup>LO

- UT and PI approaches lead to the same 3NF & 4NF up to N<sup>4</sup>LO within dim. reg.
- We calculated all long-range contributions to 3NF & 4NF at N<sup>3</sup>LO



3NF's are given in terms of integrals over Schwinger parameters

$$V_{3N}^{2\pi-1\pi} = \tau_1 \cdot \tau_2 \times \tau_3 \vec{q}_1 \cdot \vec{\sigma}_1 \times \vec{\sigma}_2 \vec{q}_3 \cdot \vec{\sigma}_3 \frac{e^{-\frac{q_3^2 + M_\pi^2}{\Lambda^2}}}{q_3^2 + M_\pi^2} \left( -\frac{g_A^4}{F_\pi^6} \frac{q_1}{2048\pi} \int_0^\infty d\lambda \operatorname{erfi} \left( \frac{q_1 \lambda}{2\Lambda \sqrt{2 + \lambda}} \right) \frac{\exp \left( -\frac{q_1^2 + 4M_\pi^2}{4\Lambda^2} (2 + \lambda) \right)}{2 + \lambda} + \dots \right) + \dots$$

Dimension of integrals over Schwinger parameters depends on topology

<b>Space</b>			
<b>Momentum</b>	2	1	3
<b>Coordinate</b>	4	1	0

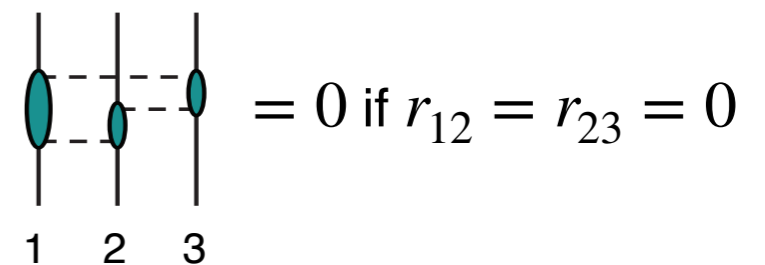
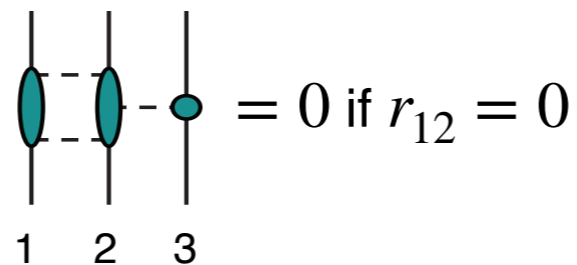
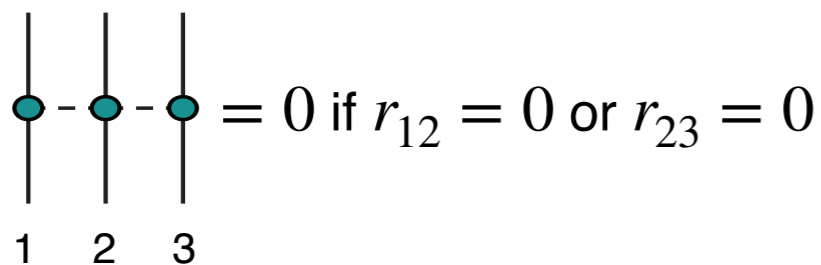
# Subtraction Scheme

Choice of the short-range scheme

- NN case: local part of NN force vanishes if distance between nucleons vanishes

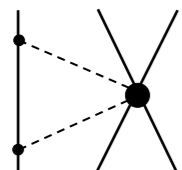
➔ leads to natural size of LECs

- 3N case: vanishing of the local part of 3NF is topology dependent



Can be achieved by adjustment of D- and E-like terms:

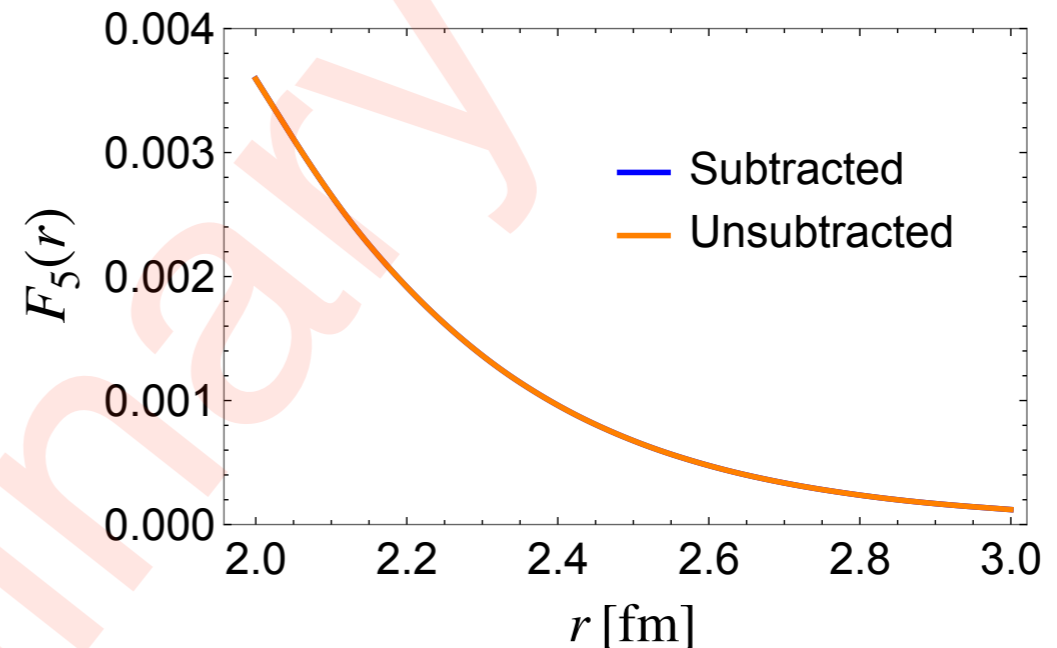
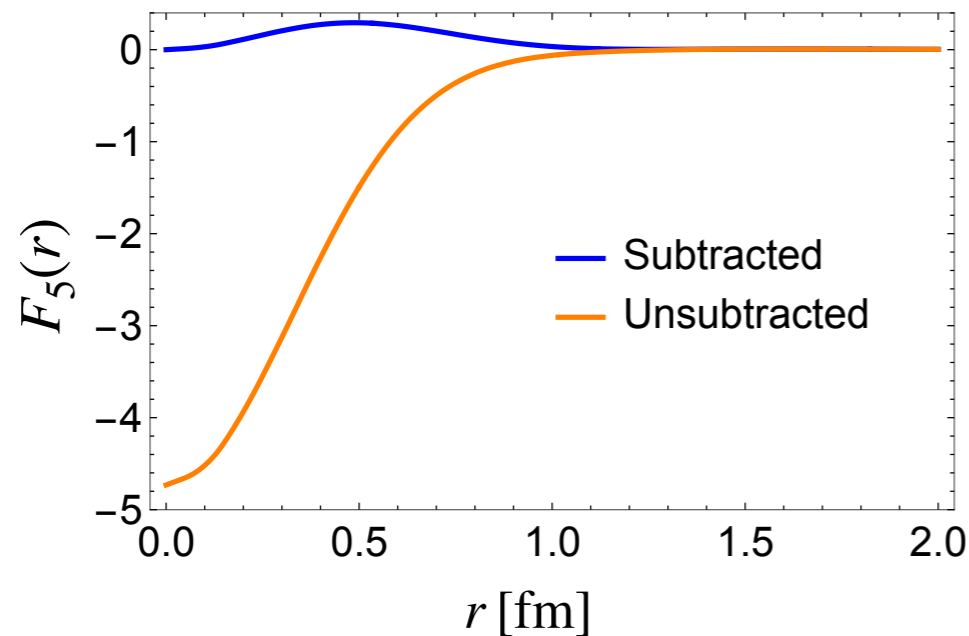
Vanishing of 3NF for any  $r_{ij} = 0$  would require inclusion of two-pion-contact terms



Appear first at N<sup>5</sup>LO and are expected to be small

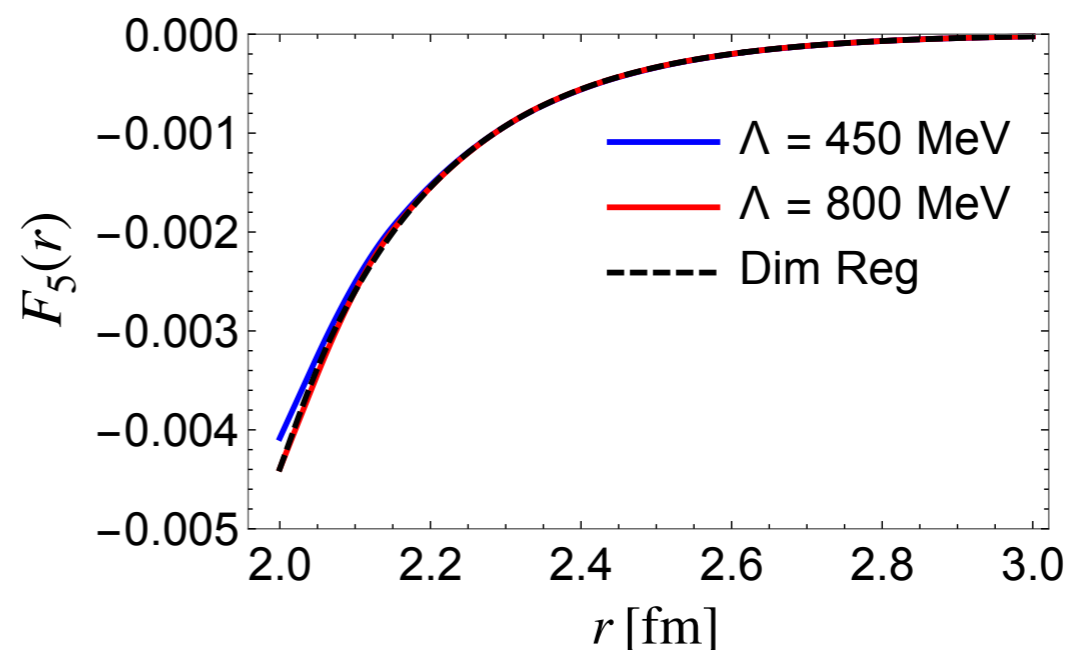
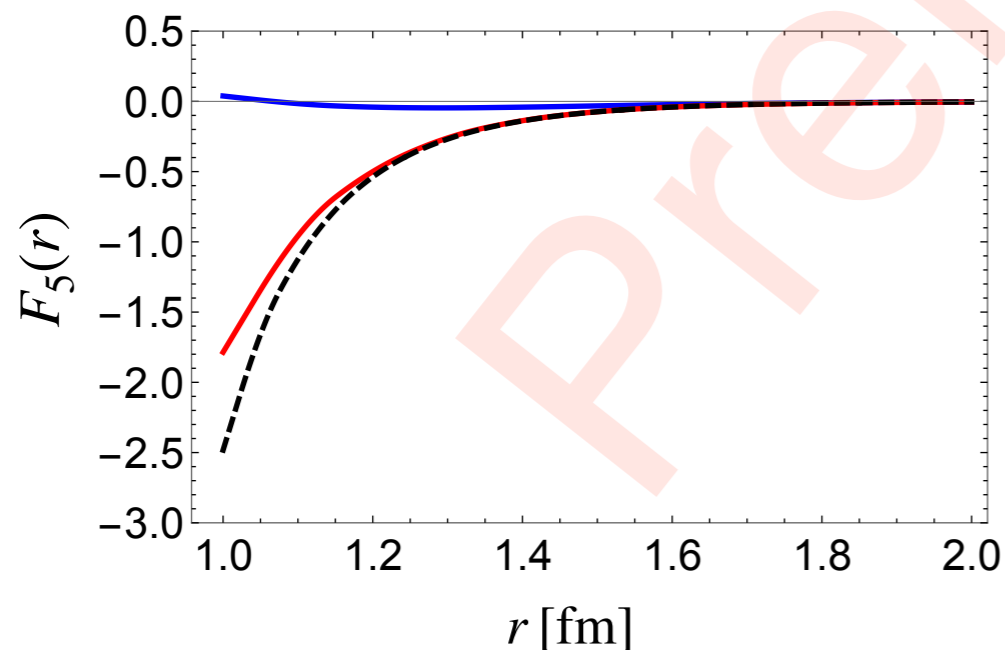
# Selected Profile Functions

$$V_{3N}^{\text{ring}} = F_1(r_{12}, r_{23}, r_{13}) + \dots + \tau_2 \cdot \tau_3 \vec{\sigma}_1 \cdot \vec{\sigma}_2 F_5(r_{12}, r_{23}, r_{13}) + \dots \quad F_5(r) = F_5(r, r, r) \text{ [MeV]}$$



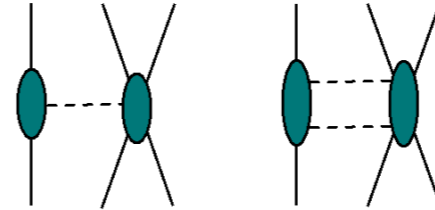
By construction: subtracted & unsubtracted forces differ in the short-range region

At  $\Lambda \rightarrow \infty$  regularized 3NF reproduce dim. reg. results from [Bernard et al. PRC77 \(08\)](#)



# Homework

- Calculation of short-range contributions



Due to non-locality of the short-range regulator, expressions get more complicated

- $c_i$ 's LECs in 3NF at N<sup>2</sup>LO have to be refitted

Calculation of pion-nucleon scattering within gradient-flow regularization required

- Partial wave decomposition (PWD): K. Hebeler, A. Nogga & R. Skibinski

PWD is computationally more expensive, due to higher dimension of integrals over Schwinger parameters

# Summary on 3N

- Gradient flow regularization preserves chiral symmetry
- Path-integral approach for derivation of nuclear forces
- Long-range part of 3NF at  $N^3\text{LO}$  has been calculated

## Outlook

- Short-range part of 3NF at  $N^3\text{LO}$
- Partial wave decomposition
- Symmetry preserving regularized nuclear currents

# A = 3 & 4 Nuclei

Faddeev and Yakubovsky equations in momentum space: [Nogga et al. PRC65 \(2002\) 054003](#)

All angular momenta  $\leq 5$  of the two-body subsystem are taken into account

Numerical accuracy  $\sim 1$  keV reached for  $A = 3$  binding energies and expectation values

[Maris et al. arXiv: 2206.13303v1](#)

		$\Lambda$	$E$	$\langle V_{3NF} \rangle$
${}^3\text{H}$	LO	450	-12.22	—
	NLO		-8.515	—
	N <sup>2</sup> LO		-8.483	-0.459
	N <sup>3</sup> LO		-8.483	-0.520
	N <sup>4</sup> LO		-8.483	-0.430
	N <sup>4</sup> LO <sup>+</sup>		-8.483	-0.460
${}^3\text{H}$	LO	500	-12.52	—
	NLO		-8.325	—
	N <sup>2</sup> LO		-8.482	-0.660
	N <sup>3</sup> LO		-8.483	-0.724
	N <sup>4</sup> LO		-8.483	-0.628
	N <sup>4</sup> LO <sup>+</sup>		-8.484	-0.672
Expt. ${}^3\text{H}$		-8.482	—	

Attractive contribution of 3NF brings  $E$  to its physical value

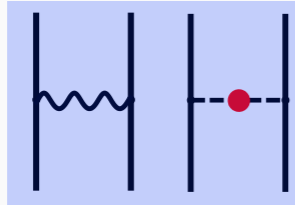
		$\Lambda$	$E$	$\langle V_{3NF} \rangle$
${}^3\text{He}$	LO	450	-11.34	—
	NLO		-7.751	—
	N <sup>2</sup> LO		-7.734	-0.452
	N <sup>3</sup> LO		-7.737	-0.509
	N <sup>4</sup> LO		-7.739	-0.423
	N <sup>4</sup> LO <sup>+</sup>		-7.740	-0.452
${}^3\text{He}$	LO	500	-11.63	—
	NLO		-7.574	—
	N <sup>2</sup> LO		-7.739	-0.641
	N <sup>3</sup> LO		-7.738	-0.705
	N <sup>4</sup> LO		-7.743	-0.615
	N <sup>4</sup> LO <sup>+</sup>		-7.744	-0.658
Expt. ${}^3\text{He}$		-7.718	—	

Point Coulomb interaction has been included for pp system in  ${}^3\text{He}$  calc



# Isospin-breaking in the Nuclear Force

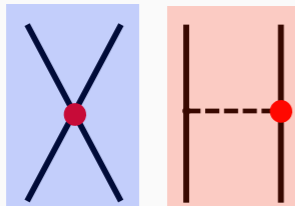
NLO



Have been employed in Reinert, HK, Epelbaum, EPJA 54 (2018) 88

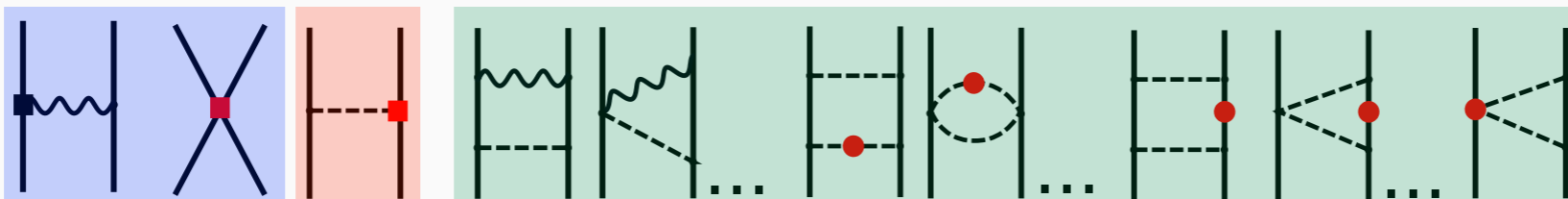
Parameter-free: depend on  $\delta M_\pi$ ,  $\delta m = 1.29$  MeV and  $(\delta m)^{\text{QCD}} = -1.87(16)$  MeV [Gasser, Leutwyler, Rusetsky '21]

N<sup>2</sup>LO

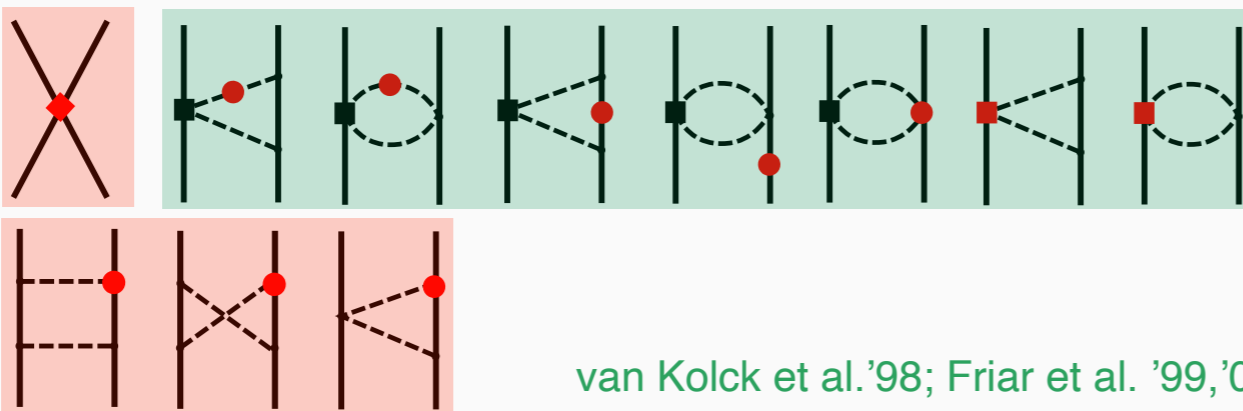


Depend on 3  $\pi N$  coupling constants + 3 IB contact terms in p-waves

N<sup>3</sup>LO



N<sup>4</sup>LO



van Kolck et al.'98; Friar et al. '99,'03,'04; Niskanen '02; Epelbaum, Meißner '05

Away from the isospin limit, one introduces 3  $\pi N$  coupling constants:

$$f_{\pi^0 pp} = \frac{M_{\pi^\pm} g_{\pi^0 pp}}{2\sqrt{4\pi}m_p}$$

$$f_{\pi^0 nn} = \frac{M_{\pi^\pm} g_{\pi^0 nn}}{2\sqrt{4\pi}m_n}$$

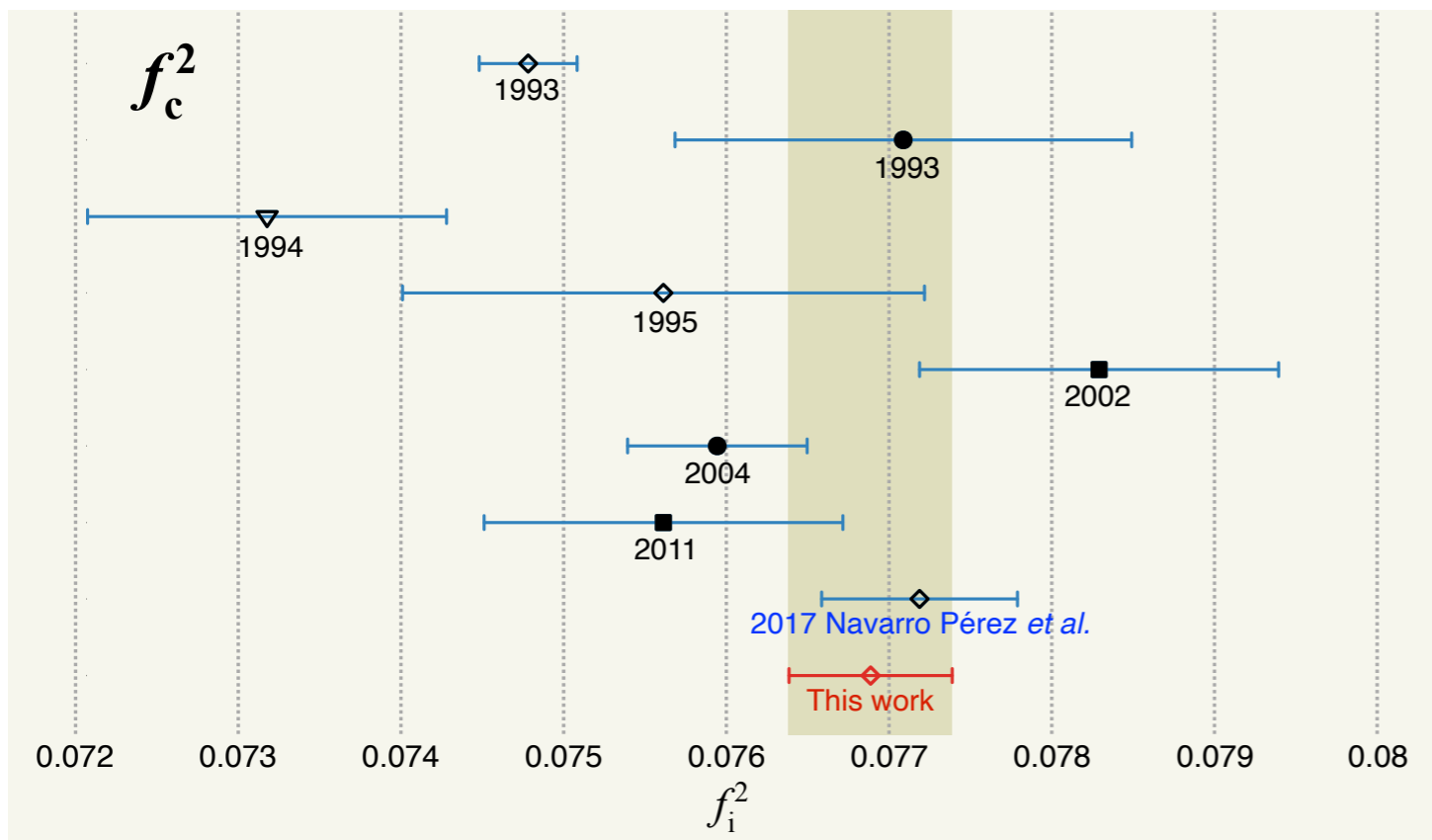
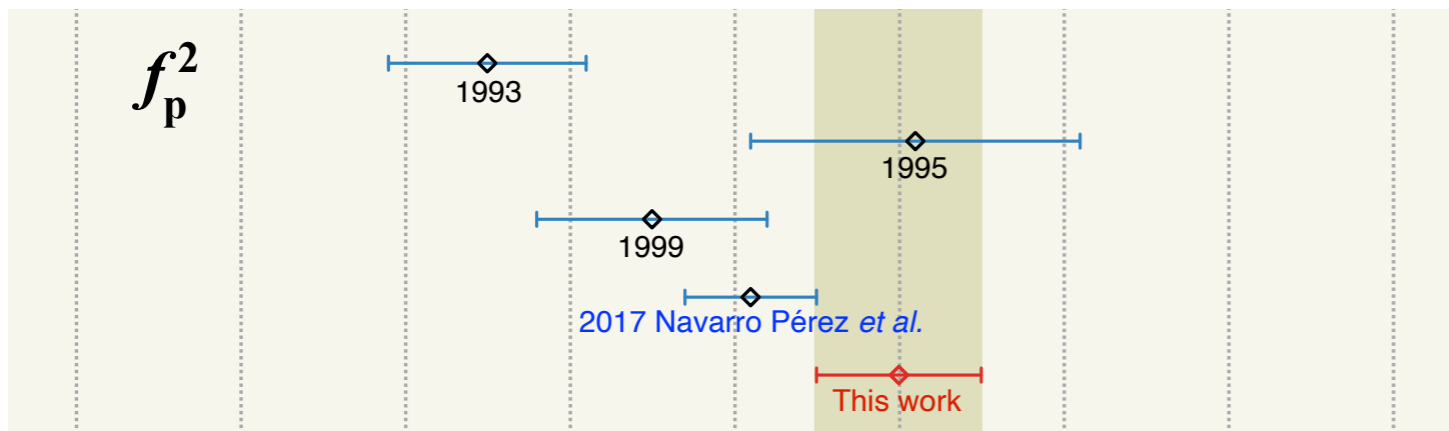
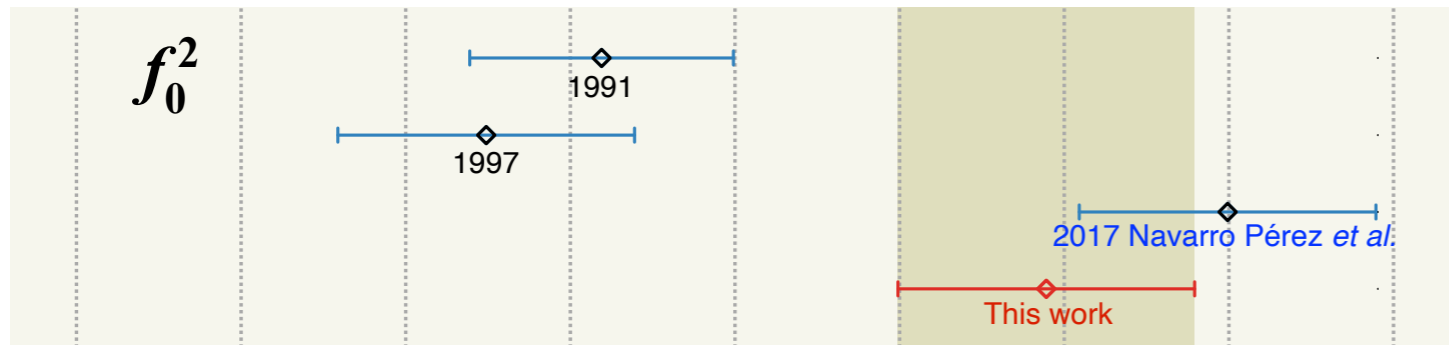
$$f_{\pi^\pm pn} = \frac{M_{\pi^\pm} g_{\pi^\pm pn}}{\sqrt{4\pi}(m_p + m_n)}$$

$$f_0^2 = -f_{\pi^0 nn} f_{\pi^0 pp}$$

$$f_p^2 = f_{\pi^0 pp} f_{\pi^0 pp}$$

$$2f_c^2 = f_{\pi^\pm pn} f_{\pi^\pm pn}$$

# Determination of $\pi N$ constants



Reinert, HK, Epelbaum PRL126 (2021) 092501

$$f_0^2 = 0.0779(9)(1.3)$$

$$f_p^2 = 0.0770(5)(0.8)$$

$$f_c^2 = 0.0769(5)(0.9)$$

statistical and systematic errors due to the EFT truncation, choice of  $E_{\max}$  and data selection

uncertainty in the subleading  $\pi N$  LECs

No evidence for charge dependence of the  $\pi N$  coupling constants

Our  $f_c^2$  value is consistent with the extractions from the  $\pi N$  system

$$f_c^2 \text{ corresponds to } g_{\pi NN} = 13.23 \pm 0.04$$

Pionic hydrogen exp. at PSI Hirtl *et al.*'21

$$\epsilon_{1s}^{\pi H} + \epsilon_{1s}^{\pi D} : g_{\pi NN} = 13.10 \pm 0.10$$

$$\Gamma_{1s}^{\pi H} : g_{\pi NN} = 13.24 \pm 0.10$$