

Charge-Exchange Reactions as Probes of Neutrinoless Double-Beta Decays

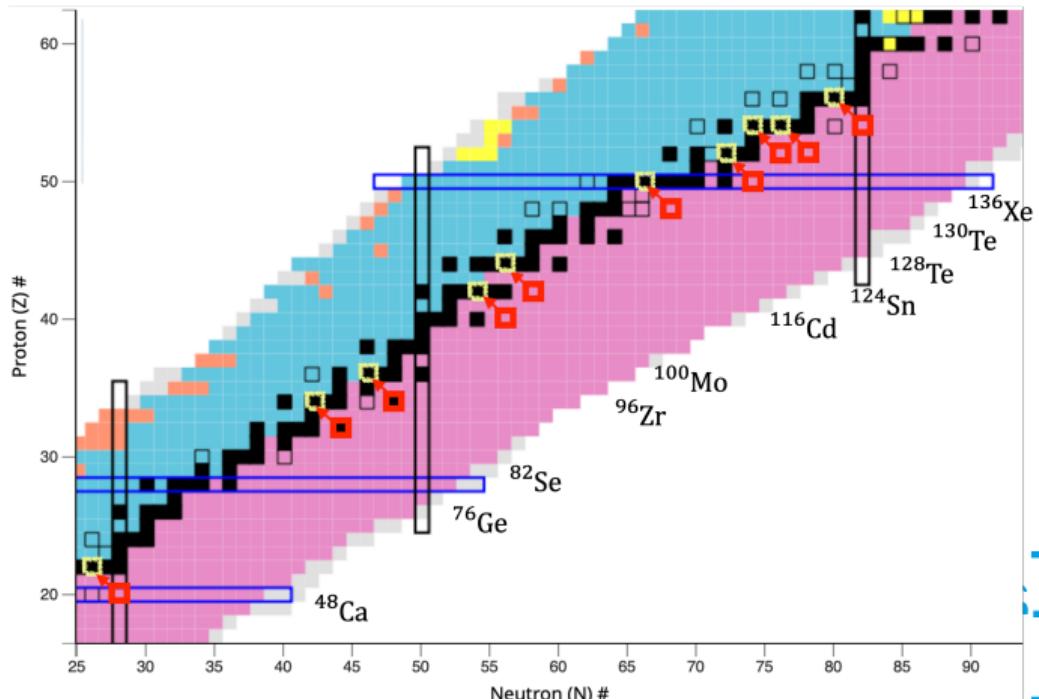
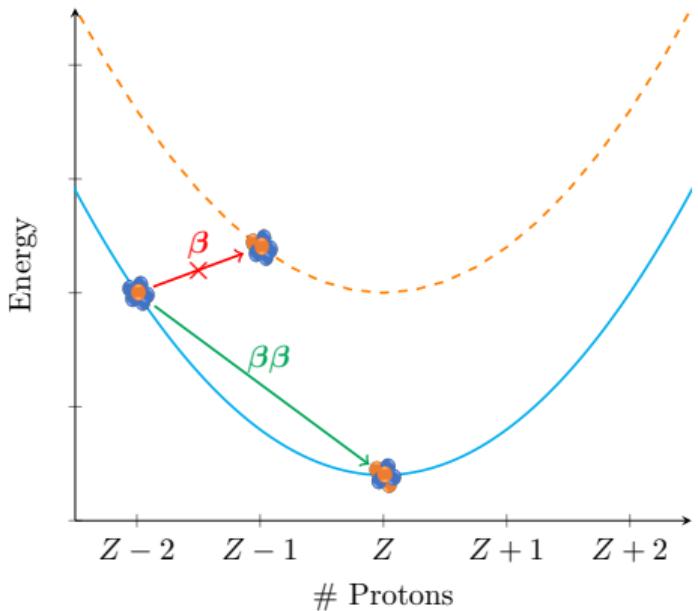
Lotta Jokiniemi
TRIUMF, Theory Department
NN2024 Conference, Whistler, BC Canada
22/08/2024



Arthur B. McDonald
Canadian Astroparticle Physics Research Institute



Double-Beta Decay



Neutrinoless Double-Beta ($0\nu\beta\beta$) Decay

- Violates lepton-number conservation

$$(A, Z) \rightarrow (A, Z + 2) + 2e^- \cancel{+ 2\nu_e}$$

Maria Goeppert-Mayer Ettore Majorana



$2\nu\beta\beta$



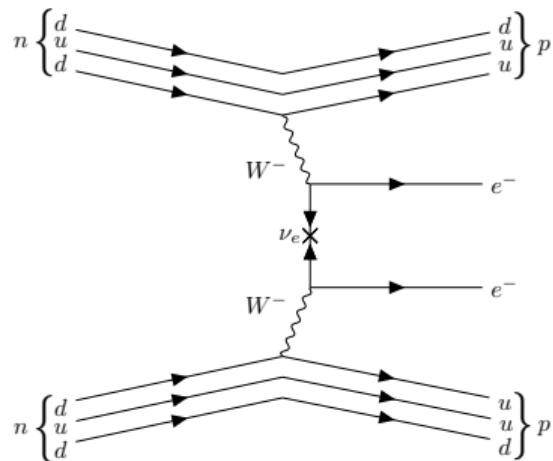
Majorana particles

Wendell H. Furry



$0\nu\beta\beta$

1935 → 1937 → 1939 → ...



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- Requires that neutrinos are Majorana particles

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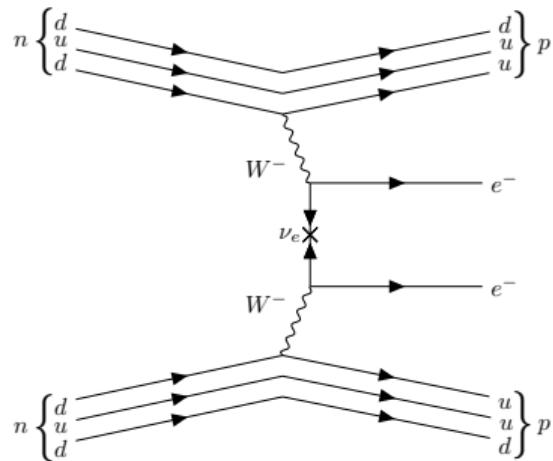
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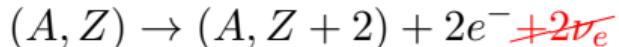
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- Requires that neutrinos are Majorana particles
- If observed, $t_{1/2}^{0\nu} \gtrsim 10^{25}$ years



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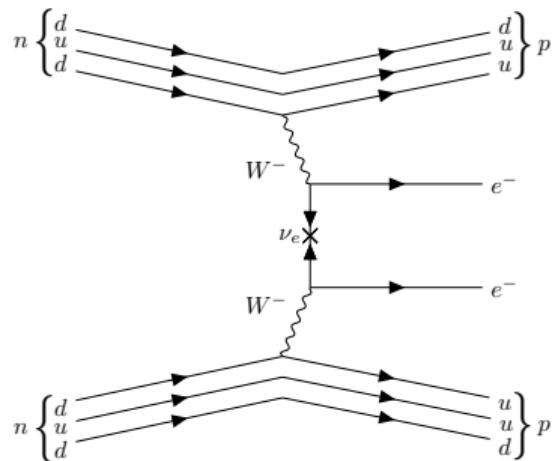
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- Requires that neutrinos are Majorana particles
- If observed, $t_{1/2}^{0\nu} \gtrsim 10^{25}$ years
 $(t_{1/2}^{2\nu} \approx 10^{20}$ years,
age of the Universe $\approx 10^{10}$ years)

Maria Goeppert-Mayer



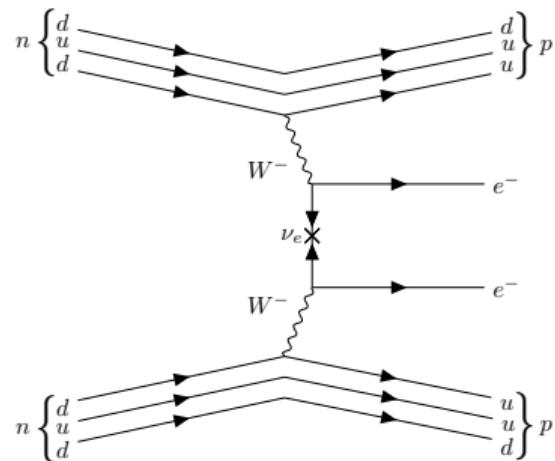
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$0\nu\beta\beta$ -Decay Experiments

SNOLAB (Canada):
SNO+ (^{130}Te)

SURF (USA):
MAJORANA (^{76}Ge)
LZ-nat (^{136}Xe)

WIPP (USA):
EXO-200 (^{136}Xe)

LSC (Spain):
NEXT-100 (^{136}Xe)
CROSS (^{100}Mo)

Kamioka (Japan):
KamLAND-Zen (^{136}Xe)

CN JL (China):
PandaX-III-200 (^{136}Xe)

LNGS (Italy):
GERDA (^{76}Ge)
CUORE (^{130}Te)
CUPID-0 (^{82}Se)
LEGEND-200 (^{76}Ge)

LSM (France):
CUPID-Mo (^{100}Mo)
NEMO-3 (^{100}Mo)
SuperNEMO-D (^{82}Se)

Current record: $t_{1/2}^{0\nu\beta\beta}(\text{Xe}) > 3.8 \times 10^{26} \text{ years}$

KamLAND-Zen, arXiv:2407:11438

Next-Generation $0\nu\beta\beta$ -Decay Experiments

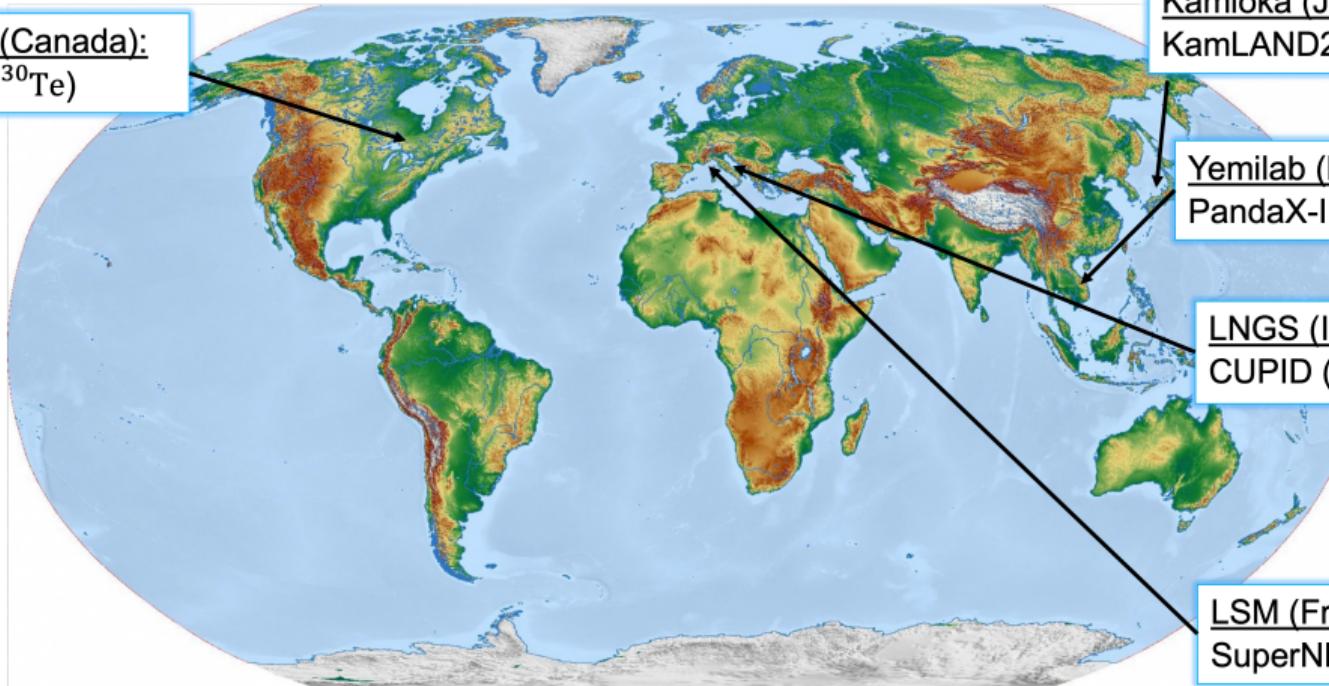
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+nEXO (^{136}Xe), LEGEND-1000 (^{76}Ge), NEXT-HD (^{136}Xe), Darwin (^{136}Xe), ...

M. Agostini et al., Rev. Mod. Phys. 95, 025002 (2023)

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Aim: $t_{1/2}^{0\nu} \approx 10^{28}$ years

LSM (France):
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+nEXO (^{136}Xe), LEGEND-1000 (^{76}Ge), NEXT-HD (^{136}Xe), Darwin (^{136}Xe), ...

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$0\nu\beta\beta$ -Decay Half-Life

What would be measured

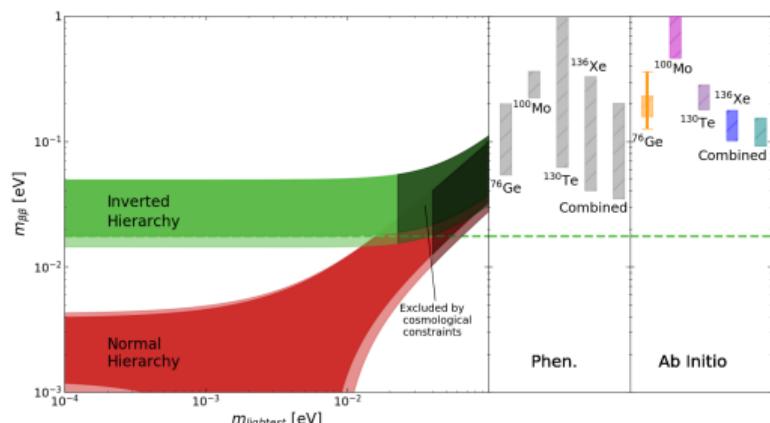
$$\frac{1}{t_{1/2}^{0\nu}} = g_A^4 G_{0\nu} |M^{0\nu}|^2 \left(\frac{m_{\beta\beta}}{m_e} \right)^2$$

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$$\frac{1}{t_{1/2}^{0\nu}} = g_A^4 G_{0\nu} |M^{0\nu}|^2 \left(\frac{m_{\beta\beta}}{m_e} \right)^2$$

Majorana mass
 $m_{\beta\beta} = \sum_k (U_{ek})^2 m_k$



T. Shickele, LJ, A. Belley, J. D. Holt, in preparation

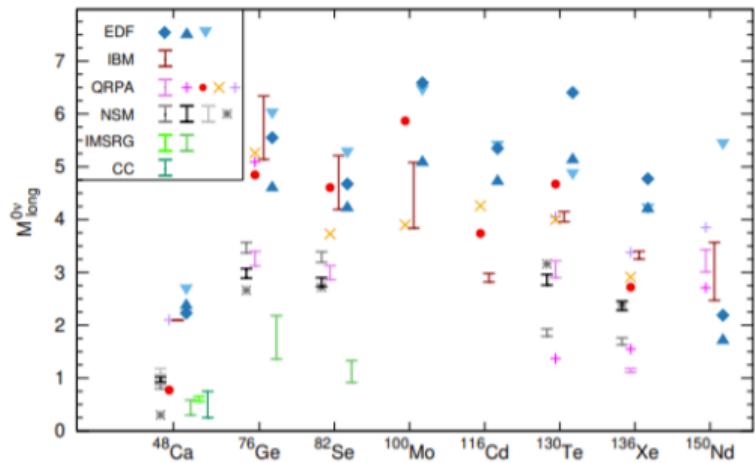
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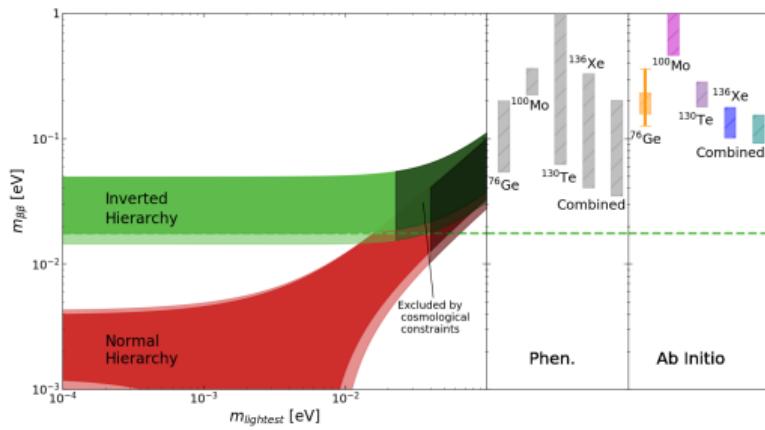
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Nuclear matrix element



M. Agostini et al., Rev. Mod. Phys. 95, 025002 (2023)



T. Shickele, L.J. A. Belley, J. D. Holt, in preparation

What Can We Learn from Double-Charge-Exchange Reactions?

$0\nu\beta\beta$ Decay vs Double-Charge-Exchange Reactions

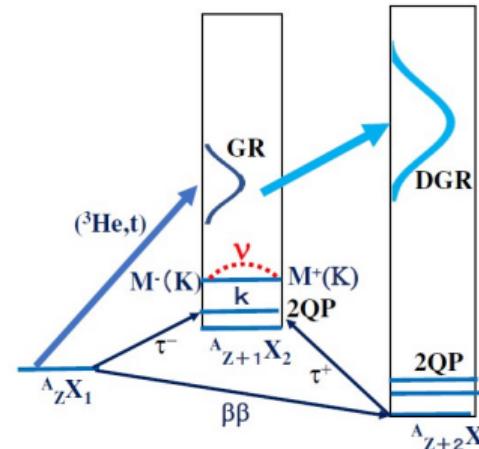
$$M^{0\nu} = M_{\text{GT}}^{0\nu} - \left(\frac{g_V}{g_A} \right)^2 M_{\text{F}}^{0\nu} + M_{\text{T}}^{0\nu} + M_{\text{S}}^{0\nu}$$

Leading contribution

$$M_{\text{GT}}^{0\nu} = \langle f || \sum_{jk} \tau_j^- \tau_k^- \sigma_j^- \sigma_k^- V_{\text{GT}}(r_{jk}) || i \rangle$$

- Double-Gamow-Teller (DGT) strength function

$$B(\text{DGT}; \lambda) = \frac{1}{2J_i + 1} |\langle f || [\sum_{jk} \sigma_j \tau_j^- \times \sigma_k \tau_k^-]^{(\lambda)} || i \rangle|^2$$



$0\nu\beta\beta$ Decay vs Double-Charge-Exchange Reactions

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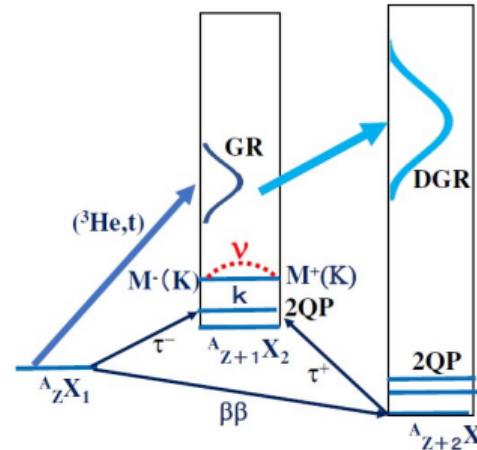
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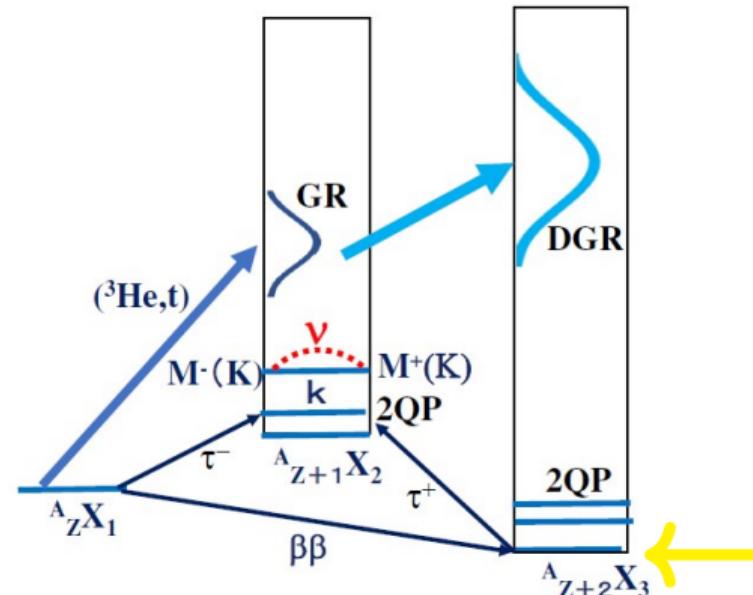
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- Could we probe $0\nu\beta\beta$ decay by DGT reactions?



Correlations Between DGT and $0\nu\beta\beta$ Decay

$$M_{\text{DGT}} = -\langle 0_{\text{gs,f}}^+ | [\sum_{jk} \boldsymbol{\sigma}_j \tau_j^- \times \boldsymbol{\sigma}_k \tau_k^-]^{(0)} | 0_{\text{gs,i}}^+ \rangle$$

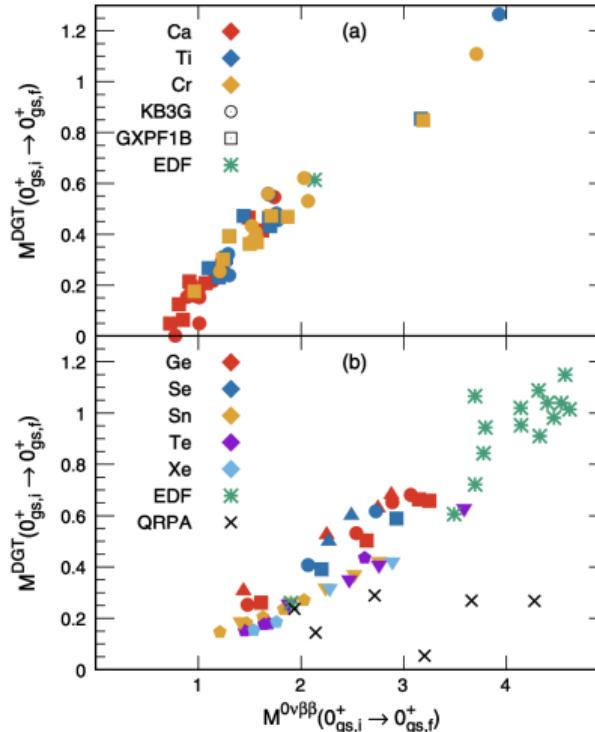


H. Ejiri, L.J. Suhonen, Phys. Rev. C 105, L022501 (2022)

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- Correlation between $M^{0\nu}$ and M_{DGT} found in **nuclear shell model** and **EFT**

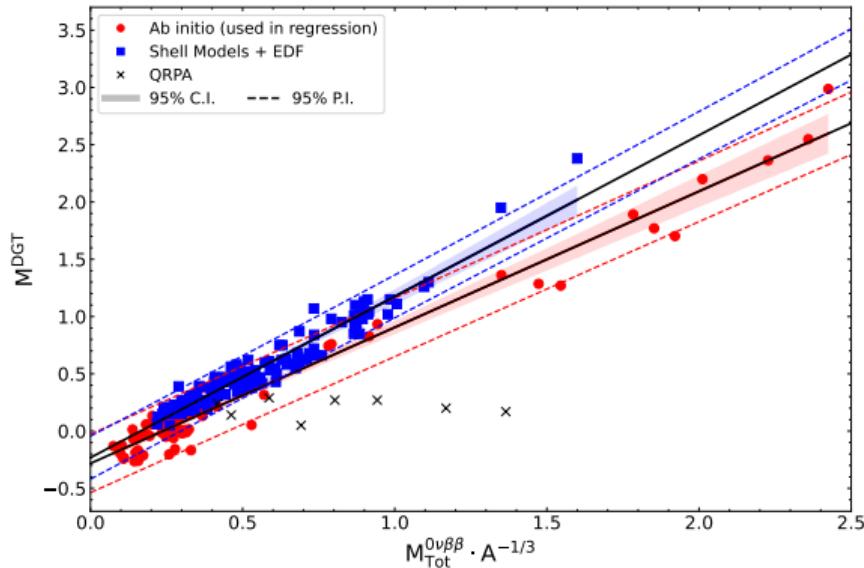


N. Shimizu, J. Menéndez, K. Yako, Phys. Rev. Lett. 120, 142502 (2018)

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- Correlation also holds in *ab initio* **VS-IMSRG**

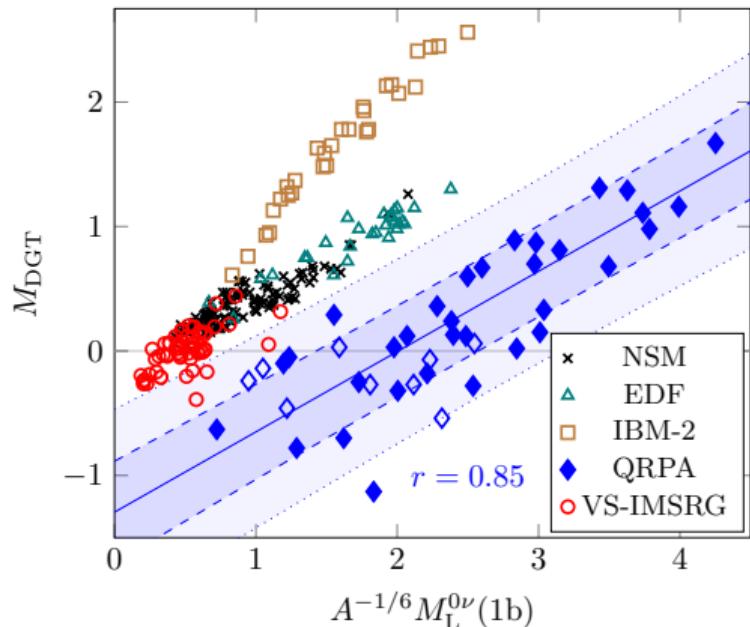


J. M. Yao, I. Ginnett, A. Belley et al., Phys. Rev. C 106, 014315 (2022)

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- Correlation between $M^{0\nu}$ and M_{DGT} found in **nuclear shell model** and **EFT**
- Correlation also holds in *ab initio* **VS-IMSRG**
- ...and **QRPA**, when proton-neutron pairing varied
 - ▶ **Observation of $M_{\text{DGT}} \rightarrow$ constraints for $M^{0\nu}$**



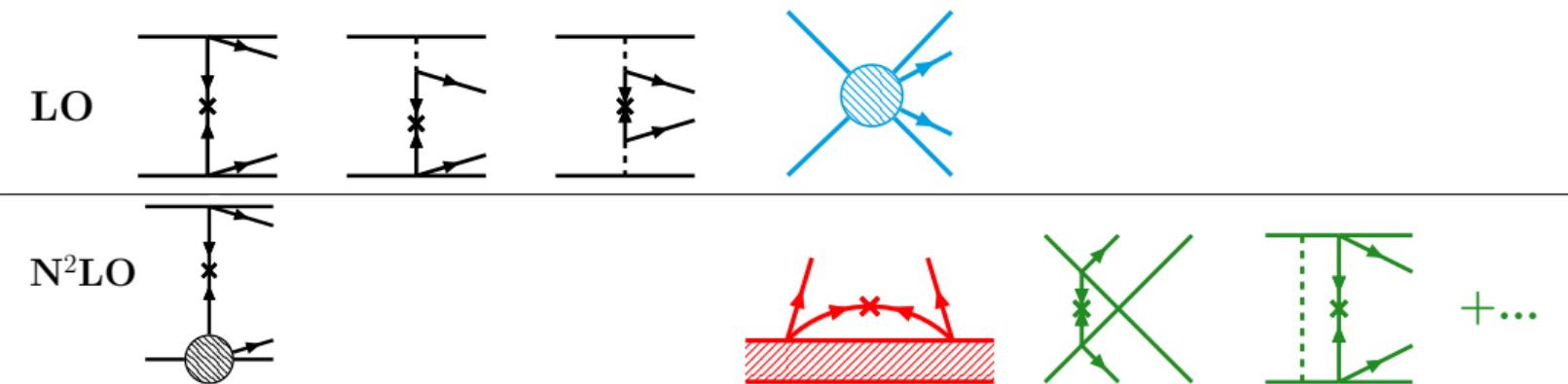
LJ, J. Menéndez, Phys. Rev. C 107, 044316 (2023)

Could We Learn Something from Single-Charge-Exchange Reactions?

χ EFT Analysis of $0\nu\beta\beta$ Decay

$$\frac{1}{t_{1/2}^{0\nu}} = g_A^4 G^{0\nu} |M_L^{0\nu} + M_S^{0\nu} + M_{u\text{soft}}^{0\nu} + M_{\text{loops}}^{0\nu}|^2 \left(\frac{m_{\beta\beta}}{m_e} \right)^2$$

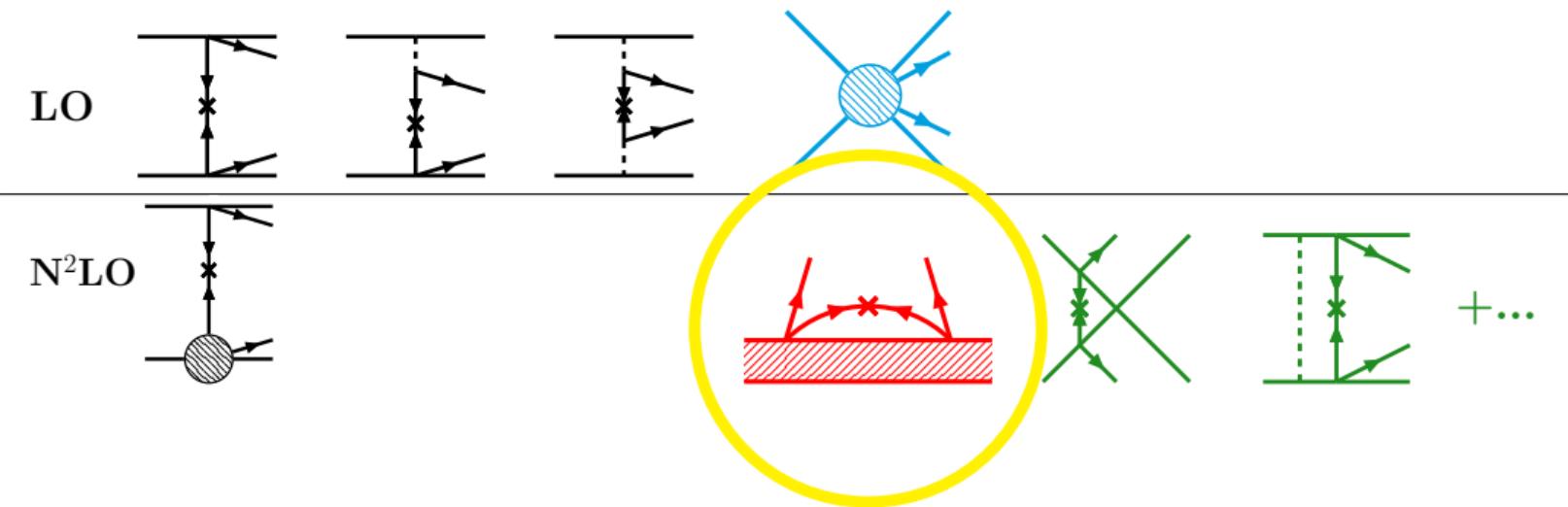
V. Cirigliano et al., Phys. Rev. C 97, 065501 (2018), Phys. Rev. Lett. 120, 202001 (2018), Phys. Rev. C 100, 055504 (2019)



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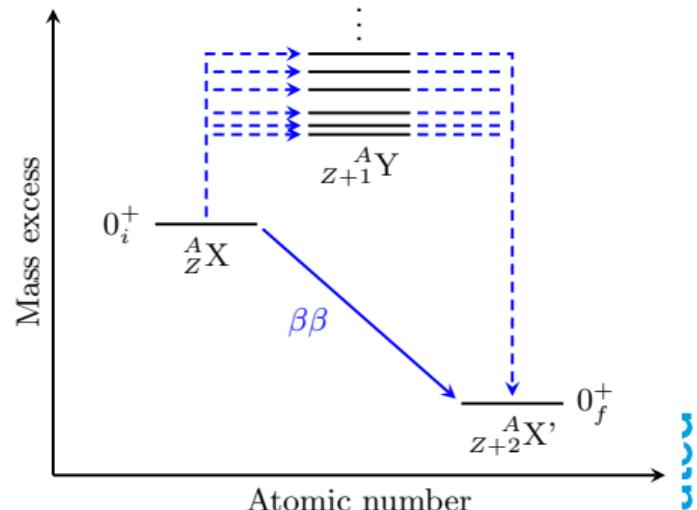
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$M_{\text{usoft}}^{0\nu}$ Evaluated in pnQRPA and NSM

- A N²LO correction from “ultrasoft” ($|\mathbf{k}| \ll k_F \approx 100$ MeV) neutrinos:

$$M_{\text{usoft}}^{0\nu} = -\frac{2R}{\pi} \sum_n \langle f | \sum_a \boldsymbol{\sigma}_a \tau_a^+ | n \rangle \langle n | \sum_b \boldsymbol{\sigma}_b \tau_b^+ | i \rangle \\ \times (E_e + E_n - E_i) \left(\ln \frac{\mu_{\text{us}}}{2(E_e + E_n - E_i)} + 1 \right)$$

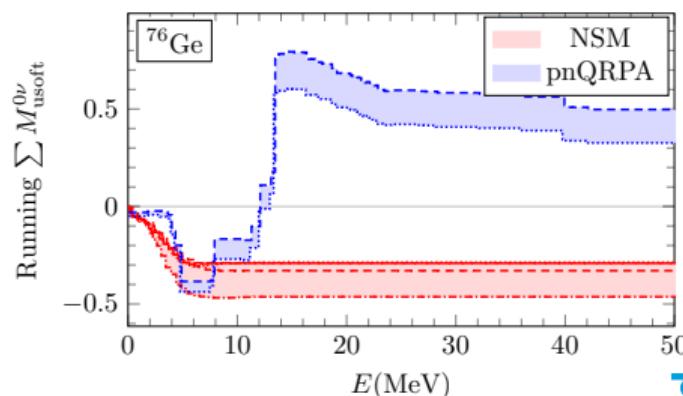


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- A $\approx 10\%$ increase in pnQRPA, and $\approx 10\%$ decrease in nuclear shell model



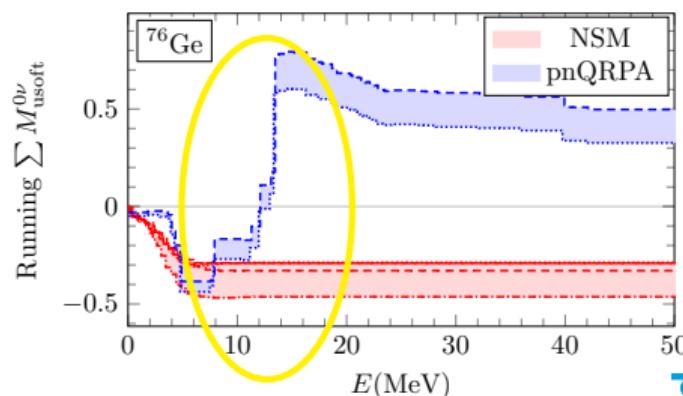
D. Castillo, L.J. P. Soriano, J. Menéndez, arXiv:2408:03373

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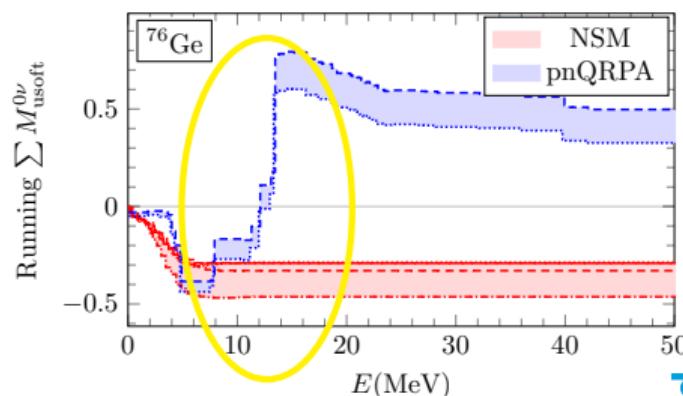
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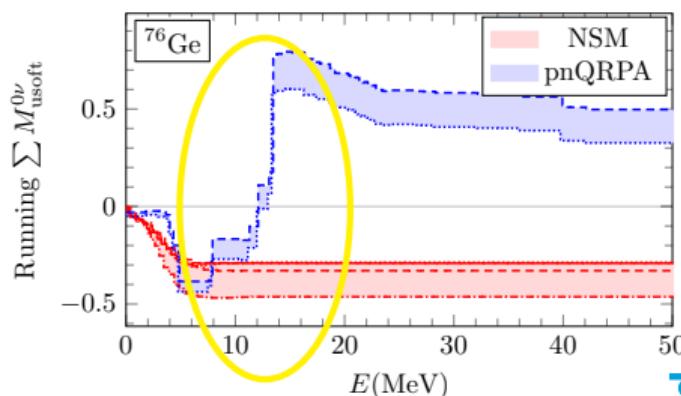
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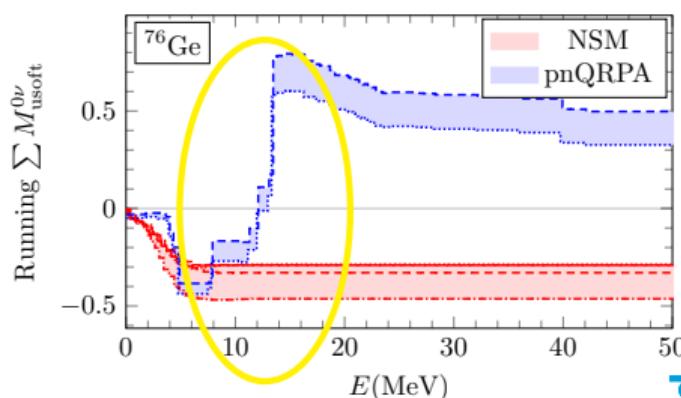
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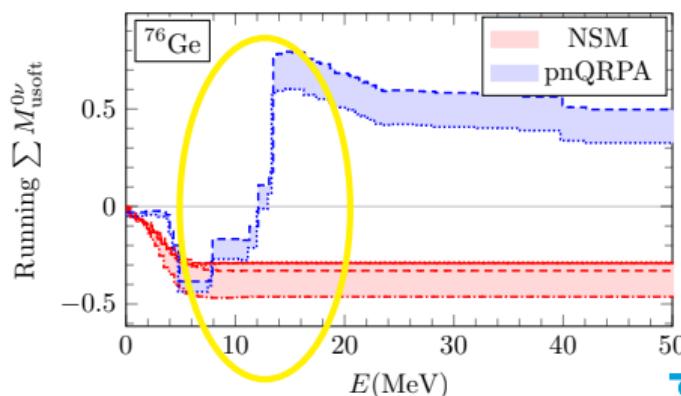
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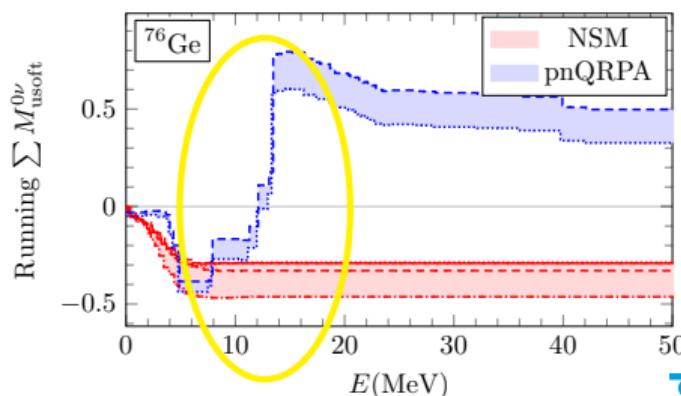
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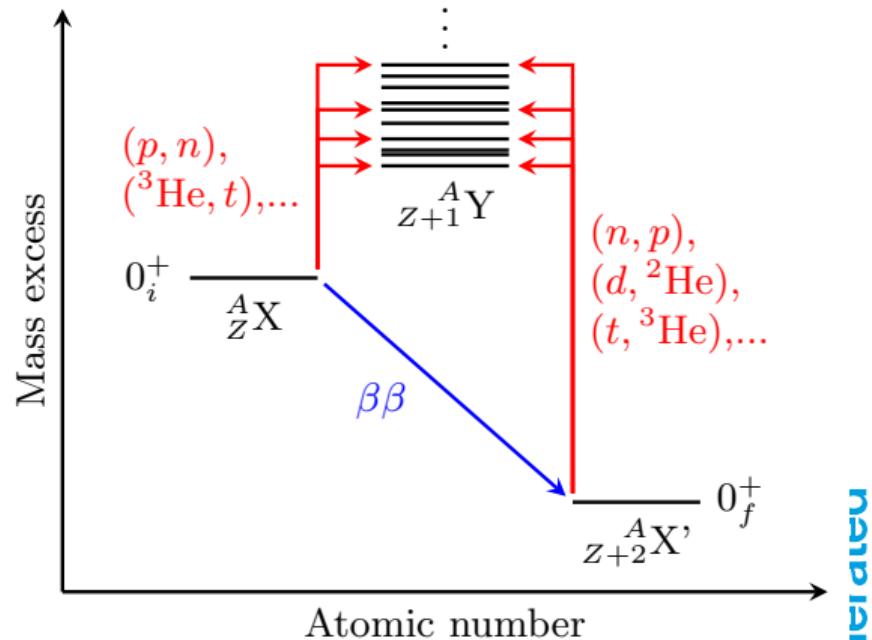
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D. Castillo, L.J. P. Soriano, J. Menéndez, arXiv:2408:03373

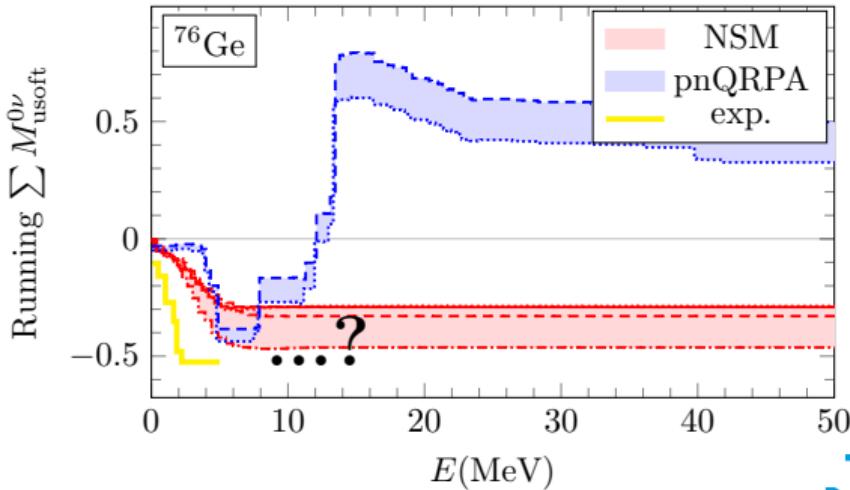
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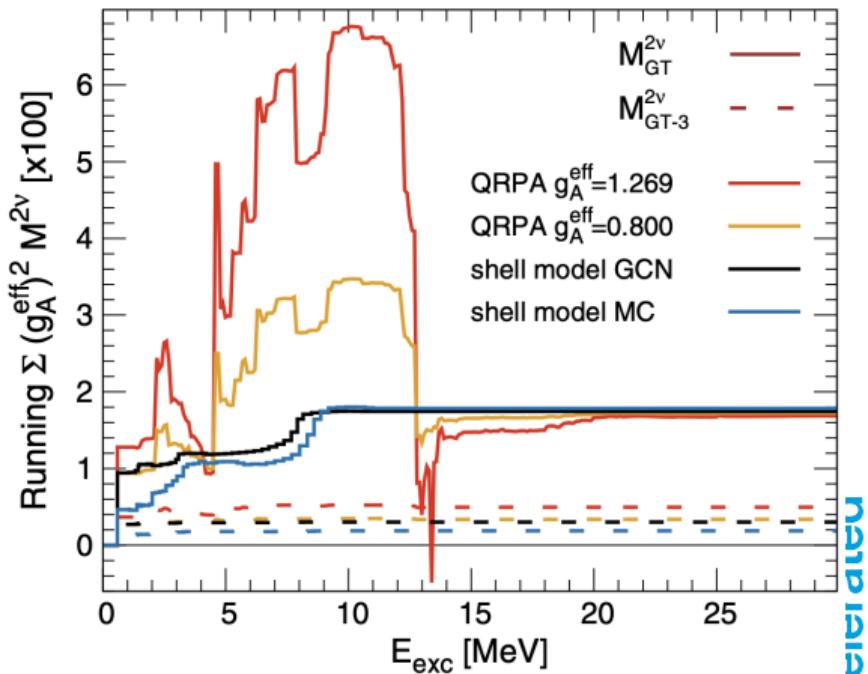
${}^{76}\text{Ge}({}^3\text{He}, t){}^{76}\text{As}$: J. H. Hies et al., Phys. Rev. C 86, 014304 (2012)

${}^{76}\text{Se}(\text{d}, {}^2\text{He}){}^{76}\text{As}$: E.-W. Grewe et al., Phys. Rev. C 78, 044301 (2008)



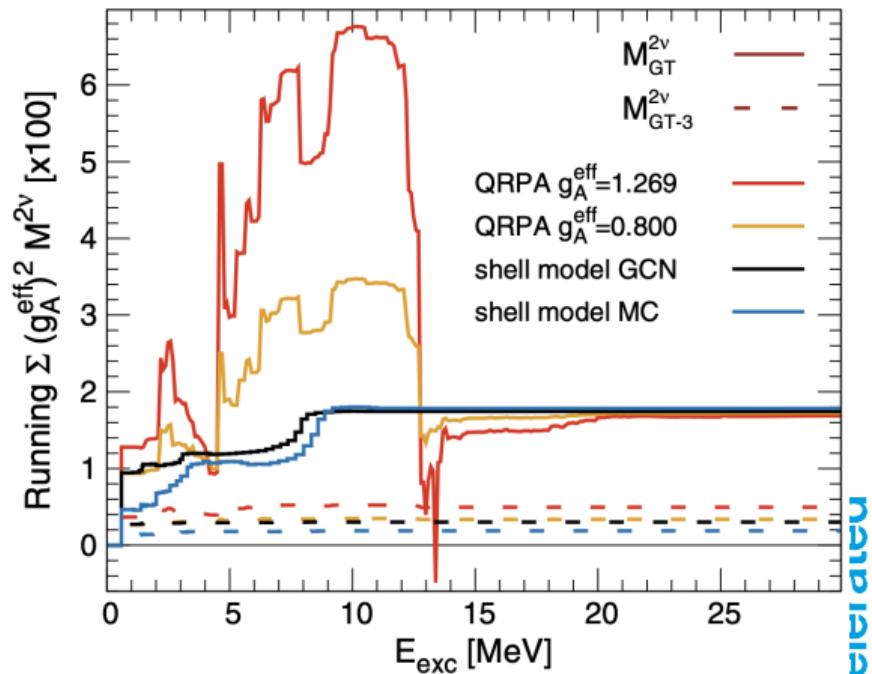
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- Charge-exchange reactions can also probe $2\nu\beta\beta$ decays



KamLAND-Zen, Phys. Rev. Lett. 122, 192501 (2019)

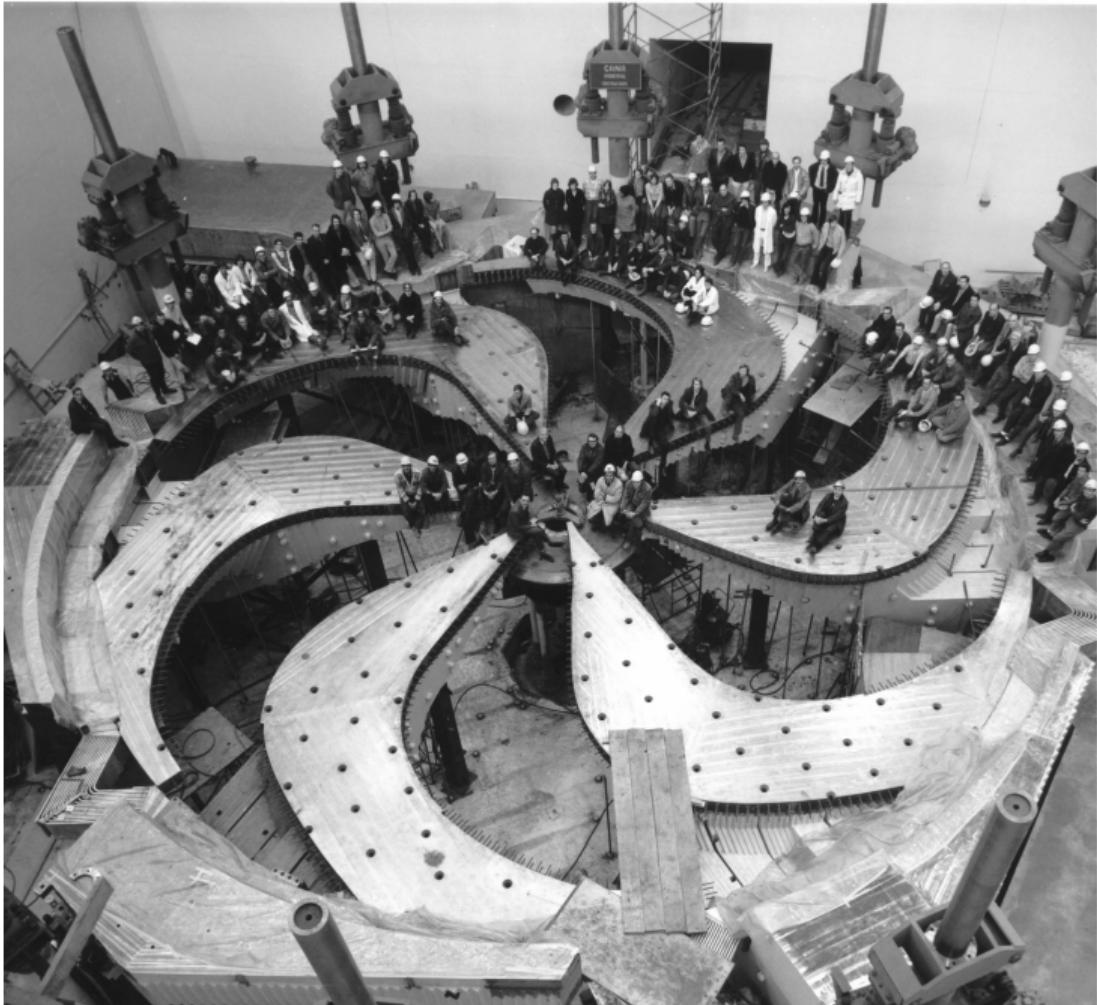
- Charge-exchange reactions can probe the virtual transitions
- Available data ends at $E \approx 5 \text{ MeV}$
 ${}^{76}\text{Ge}({}^3\text{He}, t){}^{76}\text{As}$: J. H. Hies et al., Phys. Rev. C 86, 014304 (2012)
 ${}^{76}\text{Se}(\text{d}, {}^2\text{He}){}^{76}\text{As}$: E.-W. Grewe et al., Phys. Rev. C 78, 044301 (2008)
- Charge-exchange reactions can also probe $2\nu\beta\beta$ decays
 - Good benchmark for future ab initio studies



KamLAND-Zen, Phys. Rev. Lett. 122, 192501 (2019)

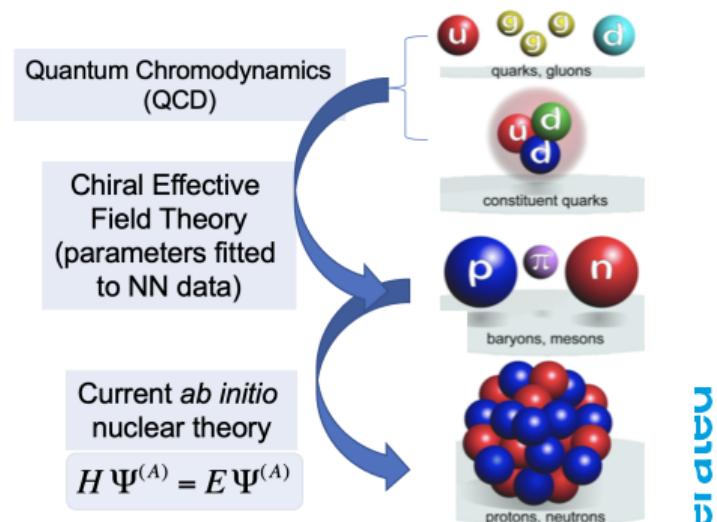
- Theoretical efforts needed in the hunt for $0\nu\beta\beta$ decay
- **Correlations between $0\nu\beta\beta$ decay and double charge-exchange reactions** may help constrain the $0\nu\beta\beta$ -decay nuclear matrix elements
- Measuring **single-charge-exchange reactions up to high excitation energies** would help probe
 - N²LO corrections to $0\nu\beta\beta$ decays
 - $2\nu\beta\beta$ -decay calculations

Thank you
Merci



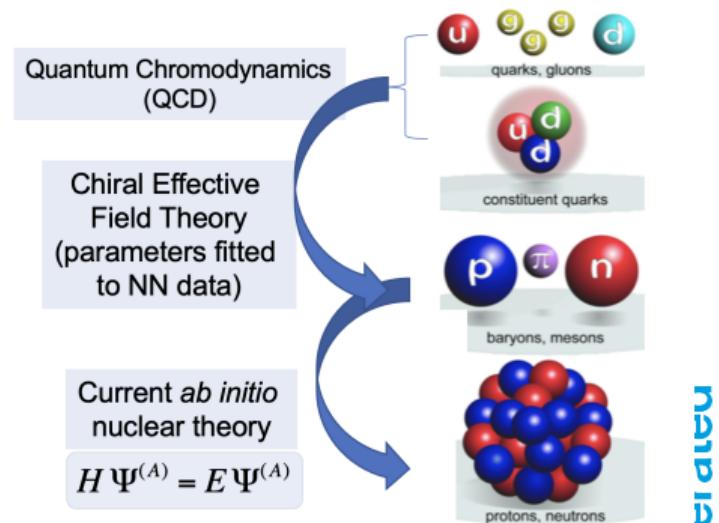
Nuclear Many-body Methods

- *Ab initio methods* (IMSRG, NCSM,...)



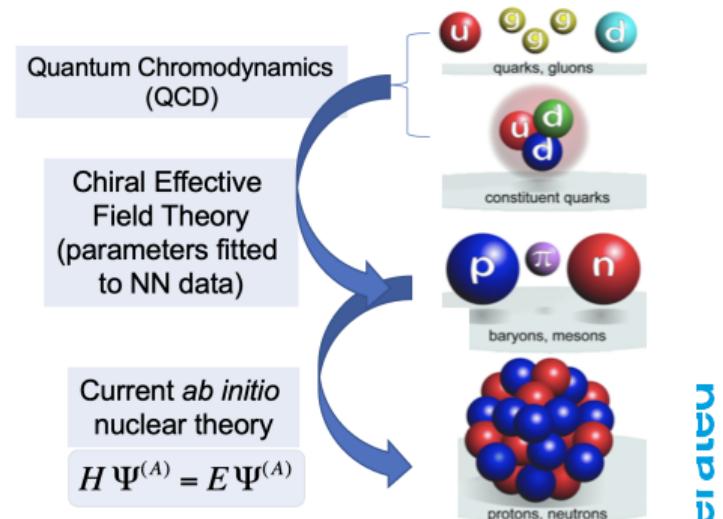
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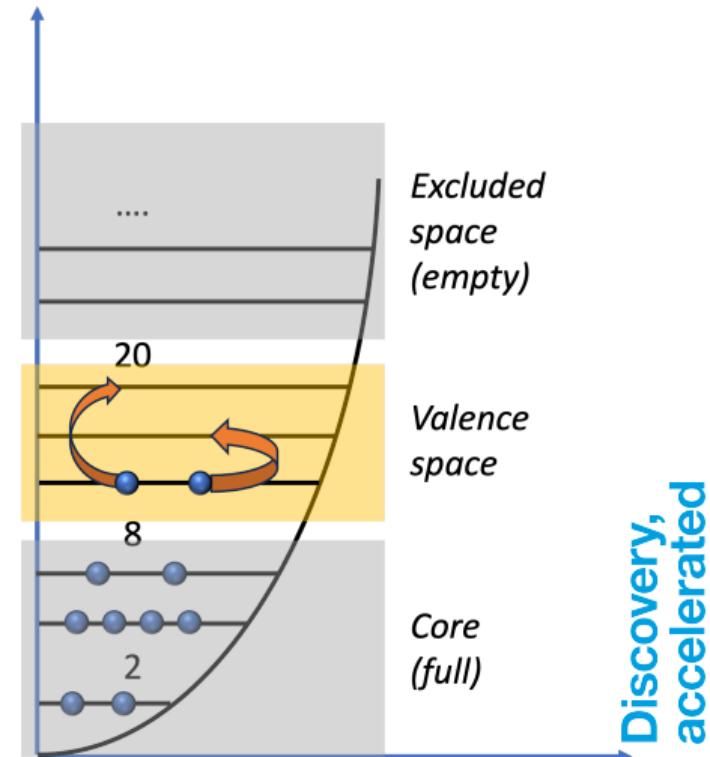
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 - **VERY complex problem → computational limitations**



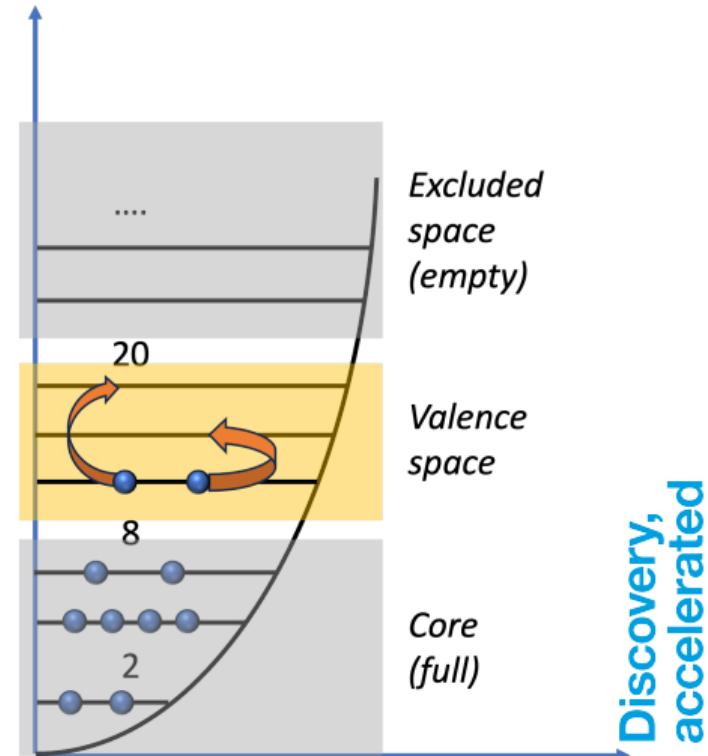
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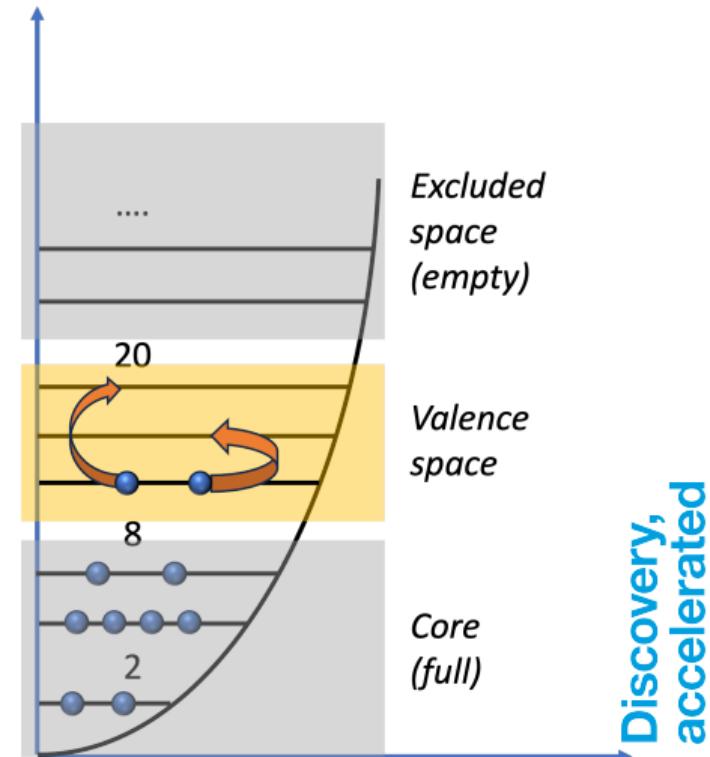
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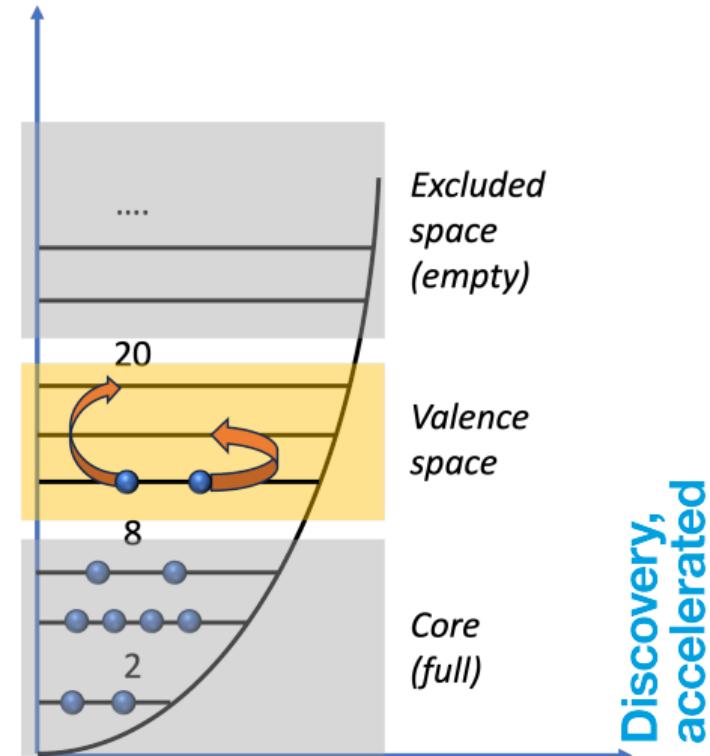
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 - + **Less complex → wider reach**



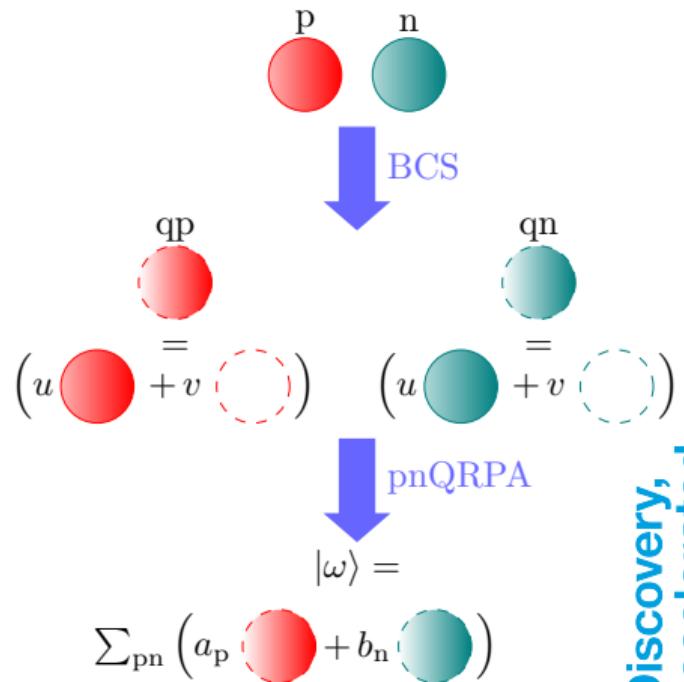
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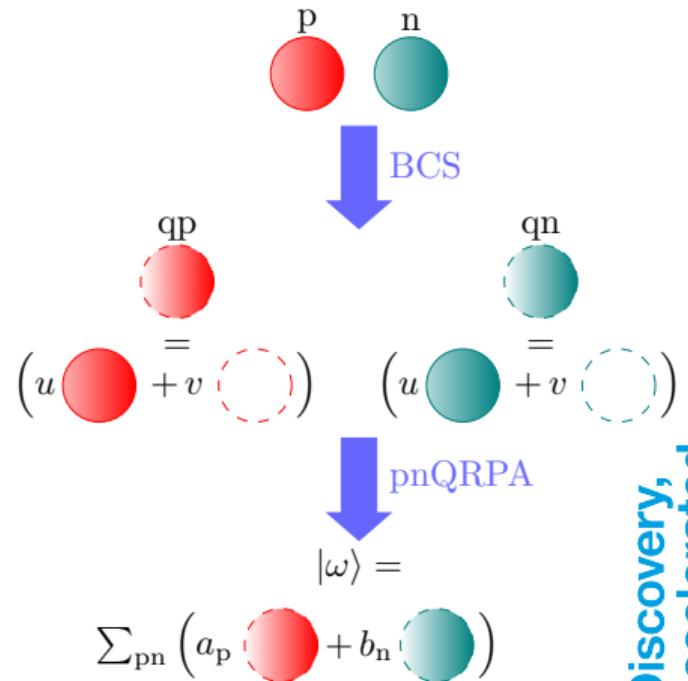
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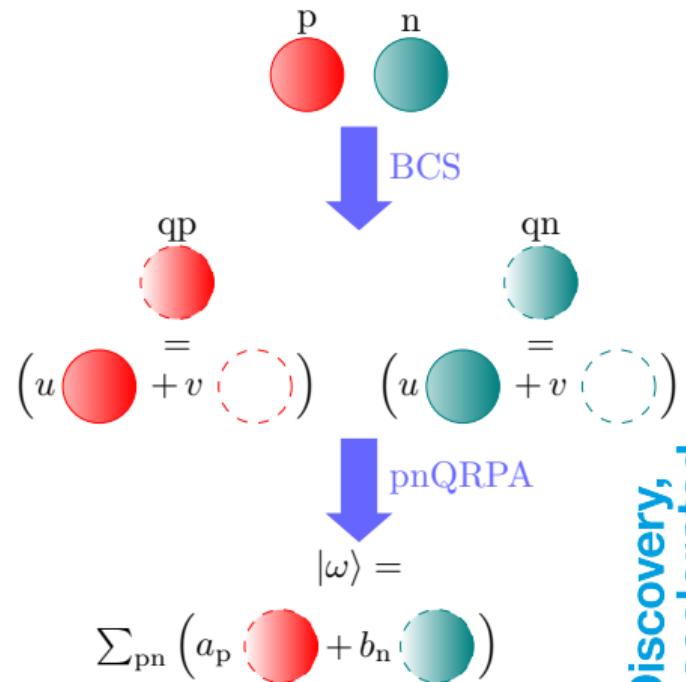
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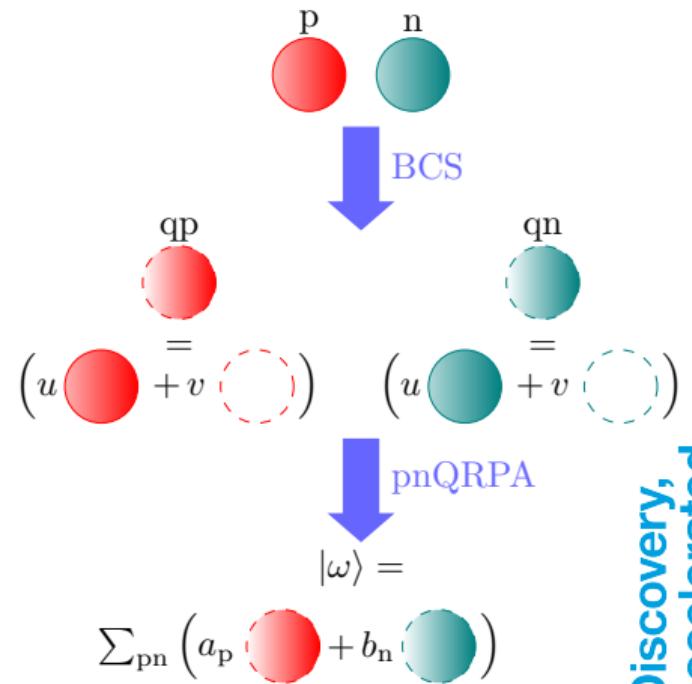
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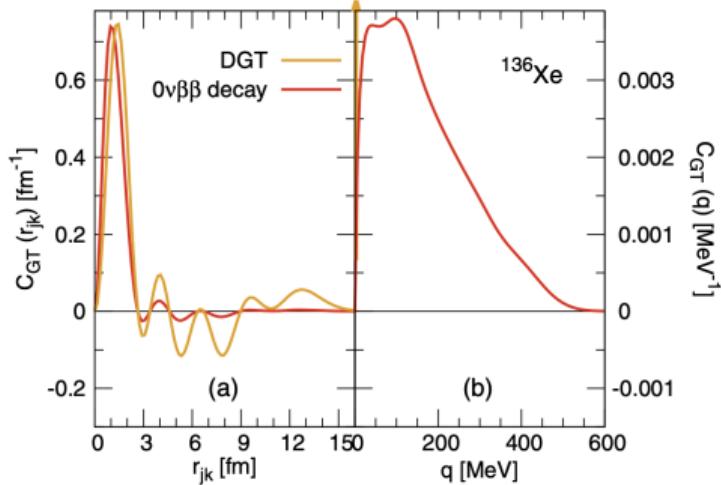


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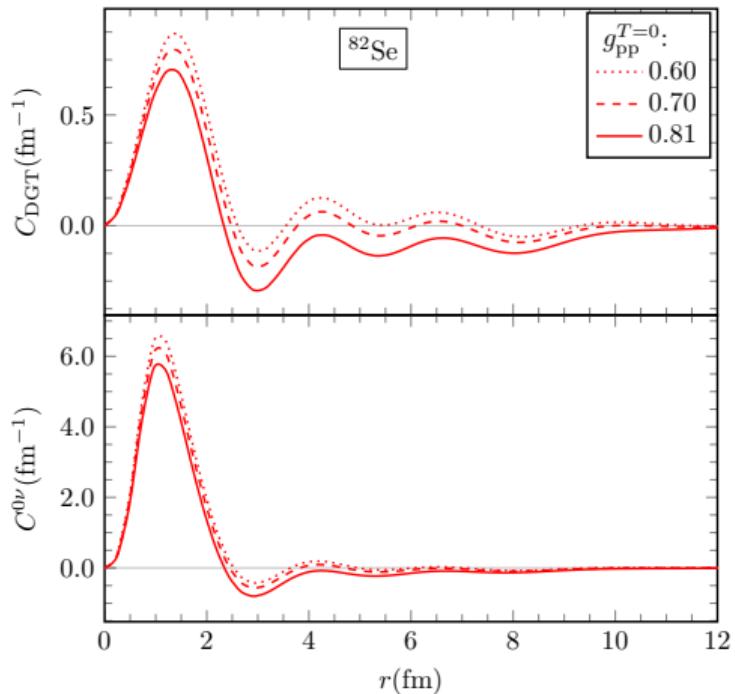
Radial Densities of $M^{0\nu}$ and M_{DGT}

$$M_L^{0\nu} = \int_0^\infty C^{0\nu}(r) dr ,$$

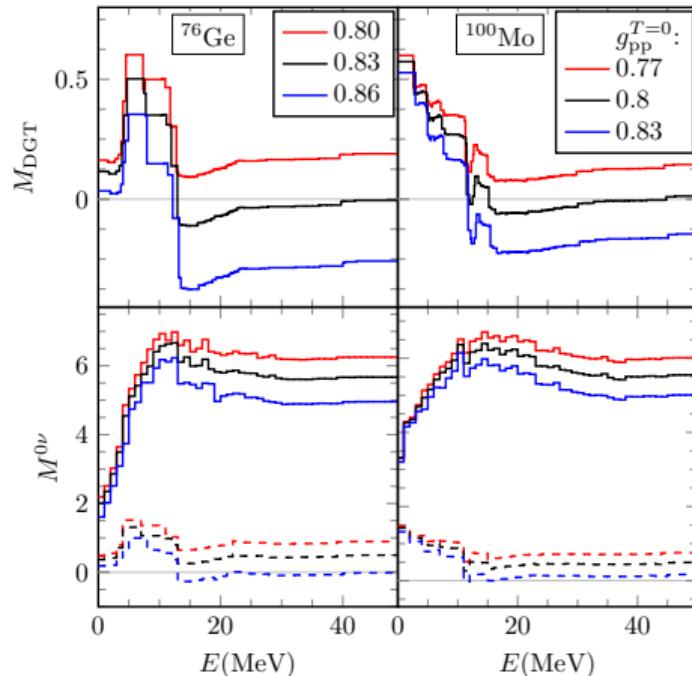
$$M_{\text{DGT}} = \int_0^\infty C_{\text{DGT}}(r) dr$$



N. Shimizu, J. Menéndez, K. Yako, Phys. Rev. Lett. 120, 142502 (2018)

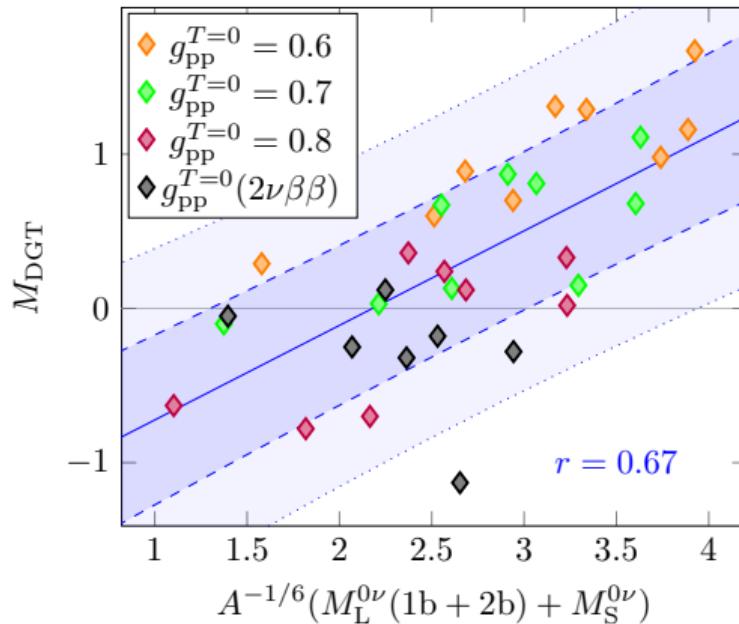


LJ, J. Menéndez, Phys. Rev. C 107, 044316 (2023)

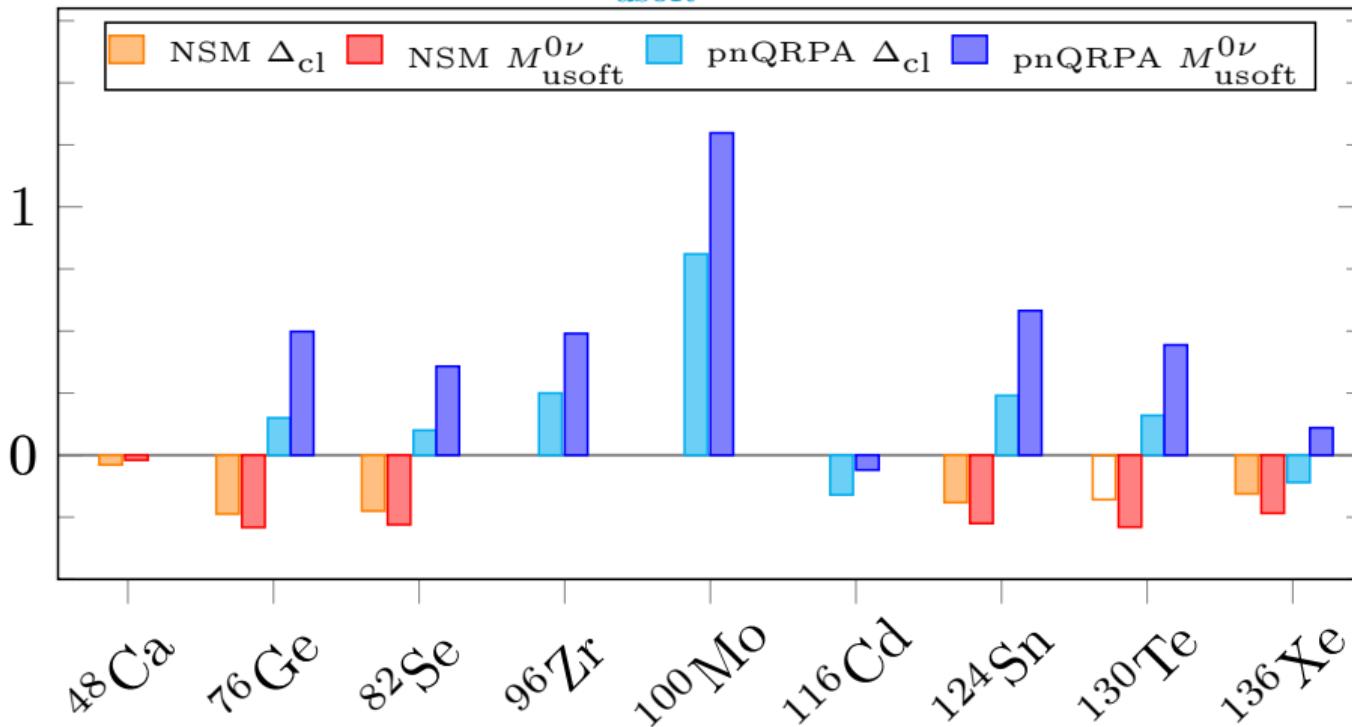
Running Sums of $M^{0\nu}$ and M_{DGT} 

LJ, J. Menéndez, Phys. Rev. C 107, 044316 (2023)

Correlation Survives 2BCs and Short-Range



LJ, J. Menéndez, Phys. Rev. C 107, 044316 (2023)

$M_{\text{usoft}}^{0\nu}$ as a Closure Correction

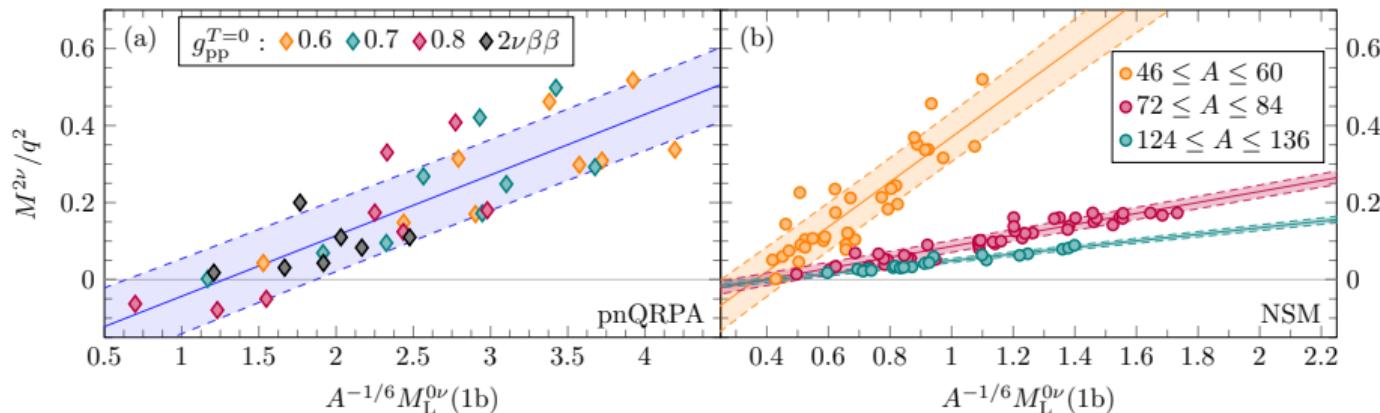
D. Castillo, L.J. P. Soriano, J. Menéndez, arXiv:2408:03373

Probing $0\nu\beta\beta$ Decay by $2\nu\beta\beta$ Decay

- *How about $2\nu\beta\beta$ decay?*

Probing $0\nu\beta\beta$ Decay by $2\nu\beta\beta$ Decay

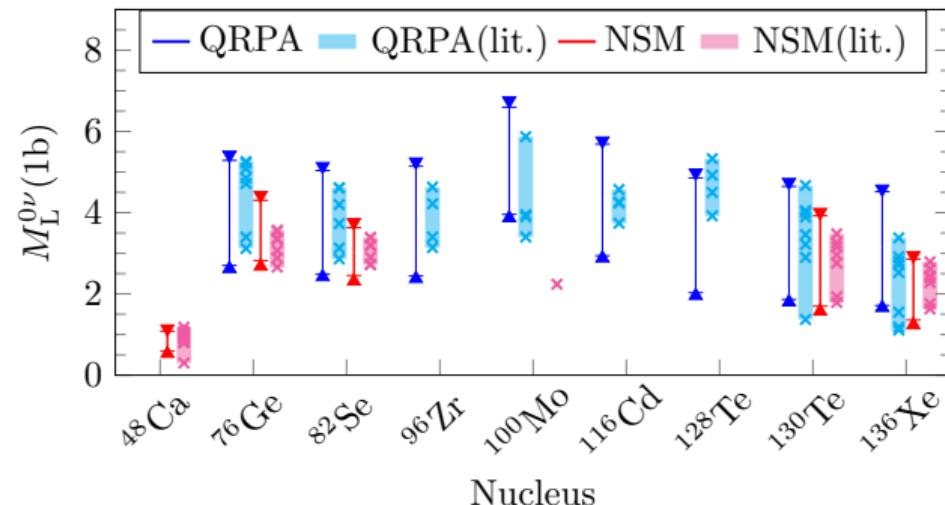
- How about $2\nu\beta\beta$ decay?
- $2\nu\beta\beta$ -decay also correlated with $0\nu\beta\beta$ -decay!



LJ, B. Romeo, P. Soriano and J. Menéndez, Phys. Rev. C 107, 044305 (2023)

Probing $0\nu\beta\beta$ Decay by $2\nu\beta\beta$ Decay

- How about $2\nu\beta\beta$ decay?
- $2\nu\beta\beta$ -decay also correlated with $0\nu\beta\beta$ -decay!
- We can use the existing data to estimate $0\nu\beta\beta$ -decay NMEs!



LJ, B. Romeo, P. Soriano and J. Menéndez, Phys. Rev. C 107, 044305 (2023)