

FITNESS

YOGA*

Take time to stretch, recover and calm your mind in an onsite yoga class. These guided classes will leave you feeling energized and rebalanced.

Duration: 1 hour
Cost: Yoga room rental \$100^{+GST} per hour (3-12 participants) Banquet room rental \$250^{+GST} per hour (12-40 participants) Instructor fee \$125^{+GST} per hour

CRYSTAL SOUND BATHING*

A deeply-immersive, full-body listening experience that intentionally uses sound to invite gentle yet powerful therapeutic and restorative processes to nurture your mind and body.

Duration: 1 hour
Cost: Yoga room rental \$100^{+GST} per hour (3-12 participants)
Banquet room rental \$250^{+GST} per hour (12-40 participants) Instructor fee \$125^{+GST} per hour

**Mats are included. Finish your practice with a fresh fruit smoothie \$9 per guest or yogurt parfait \$7 per guest.*

TENNIS & PICKLEBALL CLINICS & TOURNAMENTS

Rally together to challenge your peers in a tennis or pickleball tournament by booking the courts. High-level professional coaches from Whistler Racket Club can customize social mixers, lessons, and tournaments. We offer four pickleball courts and one tennis court, which can also be converted into two additional pickleball courts. Pickleball paddles and balls are included.

Duration: 1-8 hours
Cost: 4-16 players \$250^{+GST} per hour
16-50 players \$400^{+GST} per hour
Max Capacity: 24 participants on court at a time.

MOUNTAIN FIT CLASS

Embark on a high-altitude adventure with our Mountain Fitness class, where the spirit of mountain adventure meets exhilarating workouts! This class is designed to challenge your strength, endurance, and agility as well as increase your overall mobility and durability through a variety of exercises inspired by the movements and muscles used on our mountains.

Duration: 1 hour
Cost: Studio room rental \$100^{+GST} per hour for 3-12 participants
Banquet Room Rental: \$250^{+GST} per hour for 12-40 participants
Instructor Fee: \$125^{+GST} per hour

OUTDOOR STRETCH & MOBILITY CLASS

Start the day off the right way with an Stretch and Mobility session. This class is designed to help you improve your flexibility and increase your range of motion (mobility). By the end, you'll have been introduced to the concepts of stretching and body motion and better understand how they affect your posture, health, and daily functions in one of the best outdoor settings possible!

Duration: 1 hour
Cost: Studio room rental \$225^{+GST} per hour for groups up to 12 guests and \$375^{+GST} per hour for groups of 12-20 guests
Instructor Fee: \$125^{+GST} per hour

PILATES*

Focus on improving flexibility, strength, stability and body awareness through a series of core exercises. Perfect for preparing your core muscles for a big day of outdoor adventures.

Duration: 1 hour
Cost: Yoga room rental \$100^{+GST} per hour (3-12 participants)
Banquet room rental \$250^{+GST} per hour (12-40 participants)
Instructor fee \$125^{+GST} per hour



EXPLORING THE CHATEAU

DINING

Six venues - including seasonal outlets, patios & in-room dining - dining options include:

THE GRILL ROOM
Steakhouse

THE WILDFLOWER
Buffet & À La Carte Dining

THE MALLARD BAR
Cocktail Bar, Full Menu

PORTOBELLO
Cafe, To-Go Options, Smokehouse Dinner

THE CHALET
European-Inspired Alpine Cuisine (seasonal)

THE CLUBHOUSE
Pub Cuisine (seasonal)

THE CABANA BAR
Shareable dishes, refreshments & more (seasonal)

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GROUP ACTIVITIES

At Fairmont Chateau Whistler

FAIRMONT CHATEAU WHISTLER GOLF COURSE

Wildlife, scenery, and incredible vistas are signatures of Whistler's best golf experience: the Fairmont Chateau Whistler Golf Club. Designed by Robert Trent Jones, Jr., our naturally spectacular 18-hole golf course is set within BC's scenic mountains and offers a fun and challenging experience for golfers of all levels.

VIDA SPA

Feel well, look well, and live well with Vida Spa. Discover a mountainside sanctuary where you can restore the delicate balance of inner calm, outer vitality, sensory pleasure, and spiritual health. Choose from a range of traditional body therapies, many of which are based on Ayurveda, an ancient, traditional system of medicine.

HEALTH CLUB

For first-class pampering surrounded by majestic mountain beauty, visit our Health Club. Looking for the perfect way to unwind in Whistler? Discover all the pampering available at our resort pool area and choose the aquatic experience that best suits your goals. Our 60-foot heated lap pool is the perfect place to get your heart rate going, while an indoor/outdoor heated leisure pool provides fun for all ages. Or ease your tired muscles with a soak in our four rejuvenating whirlpools.



P: BRAD KASSELMAN



P: TAL VARDI

P: TOURISM WHISTLER | JUSTA JESKOVA



P: DAVID MCCOLM



P: TOURISM WHISTLER | JUSTA PESKOVA



P: ABBY COOPER | GIBBONS

VALLEY EXPLORING

WHISTLER VILLAGE
Join one of our Whistler Experience Guides as they take your group through the North Village, the Village Centre and back to the Upper Village. This guided walking tour will include multiple stops from the Olympic Plaza to the Mountain Square and everything in between. You will also learn the History behind Whistler and how it has expanded into what it is now.
Duration: 3 hours
Cost: 2-6 participants \$300 ^{+GST}
6-20 participants \$750 ^{+GST}
Max Capacity: 20 participants

DISC GOLF
The 27-hole disc golf course at Lost Lake Park is a local's favourite. The course has three 9-hole sections and to play all 27-holes it takes 2-4 hours. Whether you're looking for a tournament or a casual round, we've got you covered.
Duration: 3 hours
Cost: 2-6 participants \$200 ^{+GST}
6-20 participants \$500 ^{+GST}
Max Capacity: 20 participants
Discs are included.

EXCURSIONS

WILDERNESS & NATURE WALKS
Take a walk with our Whistler Experience Guide and learn about the Coastal Mountains landscape and wildlife. Dig into some hotel history as you enjoy picture perfect views of the mountains and gain insight on what it's like to live as a Whistler local.
Duration: 2 hours
Cost: 2-6 participants \$300 ^{+GST}
6-20 participants \$750 ^{+GST}
Max Capacity: 20 participants

FOREST BATHING
Forest Bathing is a mindfulness practice born in Japan and known as Shinrin Yoku. This experience supports participants to connect with nature in a deeper and more profound way. This will provide you with an opportunity to stop and connect with nature in a way you may not have previously experienced and will allow you to incorporate the practice in to your wellness routine.
Duration: 2-3 hours
Cost: 2-6 participants \$300 ^{+GST}
6-20 participants \$750 ^{+GST}
Max Capacity: 20 participants

HIKING
Let our experienced guides whisk you away on a private hike through Whistler's most renowned trails: Train Wreck and Lost Lake. Whether you're an avid hiker or a leisurely walker, our guided hikes offer a memorable adventure amidst Whistler's beauty.
Duration: 2-3 hours
Cost: 2-6 participants \$300 ^{+GST}
6-20 participants \$750 ^{+GST}
Max Capacity: 20 participants

PADDLEBOARDING
Join us for a morning of paddleboarding tranquility on the beautiful Green Lake.
Duration: 2-3 hours
Cost: 2-6 participants \$300 ^{+GST}
Max Capacity: 6 participants
Paddle boards and life jackets are included.

BIKING
Our Fairmont guide, will take you on a private bike ride to some of the most picturesque lakes in Whistler: Green lake, Lost lake or all the lakes around Whistler (e-bike). Leaving from the hotel, you will cruise along the valley trail, stopping along the way for you to take some beautiful photos and hear your guide talk about the area, mountains, and wildlife.
Duration: 3.5 hours
Cost: bike \$400 ^{+GST} | e-bike \$750 ^{+GST}
Max Capacity: 8 participants
Bike helmets are included

WATERFALL EXCURSION
Enjoy a beautiful hike that ascends through the forest to the beautiful Rainbow, Brandywine or Alexander Falls. Our knowledgeable ambassadors will share highlights and stories that took place around this area while taking you on a mini tour of the key spaces.
Duration: 2-3 hours
Cost: 2-6 participants \$300 ^{+GST}
6-20 participants \$750 ^{+GST}
Max Capacity: 20 participants

LAKE LOOP SHUTTLE
Want to explore all Whistler's lakes in one day? This tour is for you. Join our Whistler Experience Guide as they take you on an outing of Whistler's lakes via our shuttle bus.
Duration: 2-3 hours
Cost: 2-6 participants \$300 ^{+GST}
6-20 participants \$750 ^{+GST}
Max Capacity: 20 participants

GOLF COURSE CART TOUR
An experience that takes your group around our incredible Robert Trent Jones Jr. designed golf course.
Duration: 2-3 hours
Cost: 2-6 participants \$300 ^{+GST}
6-10 participants \$750 ^{+GST}
Max Capacity: 10 participants

ICE BATH AND BREATHWORK WORKSHOP
Led by a certified Wim Hof instructor, this workshop offers a transformative experience that combines breathing techniques, cold exposure, and mindset training to unlock your body's full potential. Perfect for groups, this workshop fosters connection and collaboration, making it an exceptional team-building activity.
Participants will engage in powerful breathing exercises that increase oxygen levels, reduce stress, and boost energy, promoting a shared sense of accomplishment and strengthening team spirit. The exhilarating cold plunges, which challenge and excite participants while enhancing circulation and build resilience. Guided by the principles of mental focus and determination, this experience leaves teams feeling empowered, connected, and ready to tackle challenges together.

Duration: 1 hour
Cost: up to 10 participants \$300 ^{+GST}
over 20 participants \$750 ^{+GST}

SNOW EXCURSIONS

SNOWSHOEING
Embark on a snowshoeing adventure amidst the breathtaking beauty of Whistler's winter wonderland at Lost Lake, Rainbow Falls, Train Wreck or Olympic Park. Nestled in the heart of the Coast Mountains, Whistler offers a plethora of scenic trails for snowshoers of all levels.
Duration: 2-3 hours
Cost: 2-6 participants \$400 ^{+GST}
6-12 participants \$750 ^{+GST}
Max Capacity: 12 participants
Admission and rentals are included.

CROSS COUNTRY SKIING
Glide across Whistler's pristine winter landscape, led by our expert guide. Explore hidden trails and secret corners, immersing yourself in nature's tranquility. Whether participants are seasoned skiers or novices, this personalized adventure promises an exhilarating experience.
Duration: 2-3 hours
Cost: 2-6 participants \$400 ^{+GST}
6-12 participants \$750 ^{+GST}
Max Capacity: 12 participants
Admission included, rentals not included.

WHISTLER BLACKCOMB SKIING
Home to over 8,171 acres of skiable terrain, Whistler Blackcomb is a winter paradise for skiers and snowboarders alike. With two side-by-side mountains to choose from, Whistler and Blackcomb, there's no limit to the terrain waiting to be explored! With the Blackcomb Gondola just steps from Fairmont's back door, there's no better time to hit the slopes!
Lift tickets available for purchase from concierge and Whistler Blackcomb.
Duration: 2-3 hours
Cost: 2-6 participants \$300 ^{+GST}
6-12 participants \$750 ^{+GST}
Max Capacity: 12 participants

All group activities should be booked 21 days in advance and will be subject to an additional 18% service charge. 14 day cancellation policy applies. For all inquiries please contact CWR.WEG.DL@Fairmont.com



P: THE ADVENTURE GROUP