ePIC – Lunch Restaurant Options

Venue: Vancouver Marriott Pinnacle Downtown, 1128 West Hastings Street, Vancouver, BC V6E 4R5 | 604-684-1128

Walking times are approximate. Restaurant hours, menus and details can change; attendees should confirm directly with each restaurant.

Restaurant	Cuisine type	Type	Approx. walk from venue	Description	Telephone	Website / Menu	Address / Notes	Estimated lunch price
Showcase Restaurant & Bar	West Coast / International	Sit-down restaurant	At the hotel	West Coast / international; casual hotel dining. Lunch	604-639-4040	Open website	Confirm current lunch hours and menu.	$20–$35
Nightingale	Contemporary Canadian	Sit-down restaurant	About 2–3 min	Contemporary Canadian; seasonal share plates and	604-695-9500	Open website	Confirm current lunch service.	$30–$50
Kamei Royale Japanese Restaurant	Japanese	Sit-down restaurant	About 2–3 min	Japanese; sushi, rolls, tempura, noodles and hot	604-687-8588		Confirm current hours and menu.	$20–$35
Tableau Bar Bistro	French / West Coast	Sit-down restaurant	About 3–5 min	French bistro with a West Coast influence; relaxed sit-	604-639-8692	Open website	Confirm current lunch hours.	$30–$50
JOEY Bentall One	Contemporary / International	Sit-down restaurant	About 4–6 min	Contemporary, globally inspired menu with a broad	604-915-5639	Open website	Confirm current lunch service.	$25–$40
Cactus Club Cafe – Coal Harbour	Contemporary / Global	Sit-down restaurant	About 5–7 min	Modern casual dining with a broad menu and waterfront	778-924-8899	Open website	Confirm current hours and menu.	$25–$40
Heritage Asian Eatery	Chinese-inspired / Asian	Quick lunch / takeaway	About 3–5 min	Casual Asian comfort food; practical option for a	778-737-1108		1108 W Pender St. Confirm current details.	$15–$22
Nami Vietnamese Oceanic	Vietnamese	Quick lunch / takeaway	About 2–4 min	Vietnamese options, including bánh mì and bowls; suited to	778-861-1495		1066 W Hastings St. Confirm current details.	$15–$22
Aidan's Coffee & Food	Café / Sandwiches	Quick lunch / takeaway	About 3–4 min	Café with sandwiches and rice bowls; convenient	604-318-2794		1055 W Hastings St. Confirm current details.	$12–$22
Caffè Artigiano	Café / Bakery	Quick lunch / takeaway	About 4–5 min	Coffee, pastries and café-style sandwiches; good	604-685-5333		1101 W Pender St. Confirm current details.	$12–$20
Urban Fare – Coal Harbour	Gourmet market / Mixed	Quick lunch / takeaway	About 3–5 min	Gourmet market with prepared foods, sandwiches and hot-	604-669-5831		305 Bute St. Confirm current details.	$12–$22
Breka Bakery & Café	Bakery / Café	Quick lunch / takeaway	About 7–9 min	Bakery café with sandwiches, savoury items,	604-559-0900		740 W Hastings St. Verify current hours.	$12–$20
Cardero's Restaurant and Live Bait Marine Pub	Seafood, Canadian Pub Fare	Quick lunch / takeaway	About 7-8 min	Great waterfront views	604-669-7666	Cardero's in Coal Harbour | Sequoia Company	1583 Coal Harbour Quay	Opens at 11:30 am
Joe Fortes Seafood & Chop House	Seafood and Steaks	Great Lunch Menu with Tacos, safood Shouder, salmon and salads	About 7 min	Popular roof top patio		https://www.joefortes.ca	777 Thurlow Street	Opens at 11 am
Black + Blue Vancouver	Business type lunches	Upscale Steakhouse, sandwiches, salads	About 5 min	Also seacood options		https://blackandbluesteakhouse.ca	1032 Alberni Street	Lunch 11:30 am - 2 pm

Price ranges are approximate estimates in Canadian dollars per person for food only, before tax and tip. Beverages, add-ons and shared dishes may increase the total. Actual menu prices vary; please check the restaurant's current menu before visiting. Where published menu prices were not readily available, the range is an indicative planning estimate.